

Be HAPPY, Be HEALTHY

WELLNESS DAY TO PROMOTE HEALTH AND HAPPINESS

LOVE LEARN AND LIVE

Long Beach, California (October, 20, 2018) Leila Yoonessi, MD, and owner announced the grand opening of MY Pediatrics and Respiratory Care Clinic (MYPRCC). It is time to celebrate with the community to embrace holistic health and well-being. On Saturday, October 20, come experience a unique and educational event with music, food, health education, prizes, and surprises. MYPRCC is dedicated to community engagement and empowerment so plan to attend an action-packed event full of knowledge. We have several vendors offering educational materials and giveaways including Claris Health, Tichenor Orthopedic Clinic, The Natural Birth, Elizabeth from Grace and Gratitude, Carri from Recharge Therapy, Department of Health and Human Services, and the Long Beach Public Library. Craving dance, talent, and music? Join us for a live performance by Absoulute and John "JRick" Edwards and the HotFlashers. We have DJ Phinest getting our party started. Hungry for more? Garcia Shack Food truck will be treating us to delicious tacos and enchiladas. Are you an art lover? Michael Pukac, Long Beach muralist, will be doing a live painting on site! MYPRCC is proud to host a garden-based nutrition program, parenting classes, breastfeeding support groups, and birth coaching classes for the community.

MY Pediatrics and Respiratory Care Clinic is a family centered pediatric practice that emphasizes compassionate and individualized care. By offering an integrated and holistic approach, **MY Pediatric Clinic** strives to not only treat problems, but to prevent them. **MY Pediatric Clinic** believes in building a therapeutic alliance and we believes this takes time, cooperation and trust.

Event Details:

MY Pediatrics and Respiratory Care Clinic
720 Alamitos Ave., Long Beach, CA 90813
Saturday, October 20
11AM-1PM

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