

How to Practice Pediatrics with

Step 1: KNOW the facts

- An estimated 10% of American adolescents aged 13 - 17 yo identify as LGBTQ+. Of this group, nearly 7.5% identifies as transgender. About 250,000 LGBTQ+ youth live in California.¹
- 1 in 2 transgender youth has depression, 1 in 3 has attempted suicide, 1 in 4 experiences denial of insurance coverage, and many experience homelessness.²
- Studies show that fewer than 50% of medical providers feel equipped to provide care for gender-diverse patients.³

Step 2: CREATE a welcoming environment⁴

- Display LGTBQ+ flags, stickers, or posters in your workspace.
- Normalize the use of preferred names & pronouns.
- Provide gender-neutral restrooms.
- Affirm & routinely discuss sexual & gender identity and screen for mental health disorders, sexually-transmitted infections, & safety concerns.

Step 3: SUPPORT gender-affirming legislation

- **SB 923 (Wiener) Gender-Affirming Care:** Would require Medi-Cal managed care plans and other healthcare service plan staff & providers to complete evidence-based cultural competency training for the purpose of providing trans-inclusive healthcare. Would also require plans to provide a list of in-network providers who offer and have provided gender-affirming services.^{5,6}
- **SB 107 (Wiener) Gender-Affirming Healthcare:** Would prohibit a healthcare provider or a health care service plan from releasing medical information related to a person allowing a child to receive gender-affirming health care in response to a criminal or civil action. Would also prohibit arrest or extradition of an individual charged with violating another state's law that criminalizes allowing a person to receive or provide gender-affirming health care.⁷

Find sources here:



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