



## **Connecting with Nature to Mitigate Toxic Stress Training**

**How To Register :**  
1) Scan the QR code  
OR 2) Register [HERE](#)

**Save the Date!**  
**August 31, 2023**  
**Time: 6-7:30PM PST**

### **LEARNING OBJECTIVES**

- **Identify ways ACEs and trauma affect the health of children.**
- **Understand the crucial role nature plays in the health of children.**
- **Learn strategies to help your patients connect to nature.**



**Project Coordinator**  
**Contact Information:**

Email: [afregoso@mednet.ucla.edu](mailto:afregoso@mednet.ucla.edu)  
Phone: 562-334-2499