



The Whole Child

Nurturing Health & Wellbeing
through Relationship & Resiliency

December 5, 2023 | 8 a.m. - 5 p.m. (MST)

Join us for a FULL DAY Virtual training event for FREE! 8 CME credits included.

Amazing speakers will be discussing:

- Early brain development
- How adversity affects the brain and body
- Psychoneuroimmunology
- Integrated and integrative care
- Affiliate response/relationship care
- Strength based care
- Transgenerational aces
- Positive childhood experiences
- Clinician self-care/compassion and how organizations can provide support



Register today!

whova.com/portal/registration/aas_202311

Agenda

Tuesday, December 5th, 2023 | 8 a.m. – 5:15 p.m. (MST)

7:45 - 7:55 a.m. Participant questions / Issues

8:00 - 9:00 a.m. The Biology of Trauma & Resilience
(John Stirling, MD, San Diego)

9:00 - 10:00 a.m. The Impact of Adversity on Developing Brains and Bodies
(Khadijia Tribié Reid, MD, MPH North Carolina)

10:00 - 10:10 a.m. Break

10:10 - 11:10 a.m. Toward an Understanding of the Health Consequences of
Childhood Socioeconomic Disadvantage
(Greg Miller, PhD, Chicago)

11:10 a.m. - 12:10 p.m. Trauma Informed Care in Patient Encounters to Promote
Health & Wellbeing
(Amy Shoptaugh, MD, Phoenix)

12:10 - 1:00 p.m. Lunch

1:00 - 2:00 p.m. The In-sync Instinct: The Secret to Resilience through
Relational Health
(Heather Forkey, MD, Boston)

2:00 - 3:00 p.m. Promoting the Five Principles of Positive Parenting
in Clinical Practice Moments
(Aliza Pressman, PhD, New York)

3:00 - 3:10 p.m. Break

3:10 - 4:10 p.m. Supporting Families to Promote Children's Social-Emotional Health:
The Intersection of Trauma, SDoH and Caregiver Depression
(RJ Gillespie, MD, MPHE, Portland)

4:10 - 5:10 p.m. What About My Nervous System? Recognizing and
Responding to Your Own Activation in Clinical Practice
(Tina Runyan PhD, ABPP, New York)

5:10 p.m. Wrap Up 5 - 10min