

Chapter Member Spotlight



Name: Gabrielle Pina, M.D.

Practice location: Loma Linda University Children's Health

Number of years in practice: 9 Years

I am a proud product of the Inland Empire, born and raised in Moreno Valley, California. I attended Baylor University in Waco, Texas, before earning my medical degree from Touro University Nevada College of Osteopathic Medicine. I completed my pediatric residency at Loma Linda University Children's Hospital, where I stayed for an additional year as chief resident and later joined the faculty. Through the practice pathway, I became board-certified in Pediatric Hospital Medicine in 2024.

I am deeply passionate about advocacy, diversity, equity, and inclusion—particularly creating pathway and mentorship programs for students who may not otherwise envision themselves in medicine. As someone who personally benefited from these opportunities, I understand how transformative it can be when someone opens a door, offers encouragement, and helps you recognize what is possible.

What do you do before work that sets the tone for your day?

I start my day by snuggling my 1-year-old, making breakfast for my 9-year-old, and cracking jokes with my 16-year-old. Those little moments with my children help ground me before the day begins.

What are some challenges or struggles that you face at work?

There are so many meaningful opportunities to improve our systems, support our learners, and advocate for our patients—but never quite enough time to pursue them all.

How do you work through or overcome your challenges or struggles?

I believe deeply in the power of “we.” My strengths may be different from someone else's, but when we recognize and leverage those strengths together, we can create meaningful change—and become nearly unstoppable.

After work, what do you do for your own wellness?

I recharge by spending time with my family, watching a television show with my husband, and escaping into a good romance novel.

From what/whom does your inspiration or motivation stem?

My mother is my inspiration. She has always encouraged me to be myself, remain authentic, and continually choose growth. She keeps me grounded by reminding me of who I am and what I am worth. My husband is my motivation. He is persistent, resilient, and never stops fighting for what he wants—even when the odds are stacked against him. My children are both my inspiration and my motivation. They are always watching, and they hold me to a higher standard—not only in what I accomplish, but also in how I show up in the world.

Wellness Tip: What is the one thing you would recommend to our readership to do each day to take care of oneself?

Pause and take one deep breath. Breathe in, let it out, and remember: You are alive. You are here. That, in itself, is something worth acknowledging.