

National Carbon Monoxide Awareness Month: Don't Be a CO Statistic

November is Carbon Monoxide (CO) Awareness Month, and Safe Kids Grand Forks, in partnership with the National Carbon Monoxide Awareness Association wants to share a few simple ways to help protect yourself and the people you care about.

This year's theme, **A Lifetime of Protection: Every Age. Every Stage. Protected from CO.**, is a reminder that CO protection should continue throughout life as our homes, routines, and responsibilities change.

Carbon monoxide can't be seen, smelled, tasted or heard, which makes working CO alarms especially important.

A few steps you can take:

- Test your CO alarms monthly and replace batteries or alarms according to the manufacturer's instructions.
- Have heating systems and other fuel-burning equipment serviced annually by a qualified professional.
- Use generators outdoors, at least 20 feet from the home and away from windows, doors, and vents. Never use grills indoors.
- Consider bringing a portable CO monitor when traveling or staying away from home.
- Make sure everyone knows to get outside immediately and call 911 if a CO alarm sounds.

You can find more safety information and resources here: https://www.ncoaa.us/co-awareness-month-2026

Please take a few minutes this November to check your protection and share this information with someone you care about.

Altru SAFE KIDS GRAND FORKS

National Carbon Monoxide Awareness Association