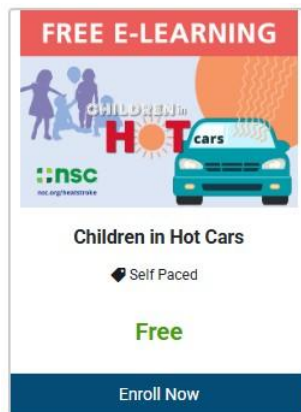




As the warmer months approach, the risk of children being exposed to hot cars rises sharply. Whether a child climbs into an unlocked vehicle on their own, is accidentally left behind, or an adult decides to “run a quick errand” that lasts longer than expected, the danger is the same. Hot cars can become life-threatening in minutes. A child’s body overheats three to five times faster than an adult’s, making them especially vulnerable. Inside a parked vehicle, temperatures can climb 40 to 50 degrees higher than the outside air, even on days that don’t feel particularly hot. That rapid rise can create a deadly environment far more quickly than many people realize.

**Do you know about the dangers of children in hot cars? Would you know what to do if you see a child alone in a car? Are you aware of how quickly cars heat up?**

The National Safety Council offers a FREE on-line training course that is excellent for parents, caregivers, grandparents, nannies, driving-aged siblings and professionals. The class takes about 20 minutes to complete and offers great insight into heatstroke dangers. It is offered in both English and Spanish.



Safe Kids Grand Forks would like to encourage you to sign up to take this valuable course and share the link with others who have children in their lives or who work with young ones. The training can be found at: [Child Passenger Safety Learning Portal](#)

You can also scan this QR code to be taken to the registration page:



Following the course, a certificate of completion will be issued. If you are a parent hiring a nanny for the summer, consider asking them to take this training. Maybe you are an owner of a childcare center. Wouldn't it be great to share this with your employees so they can be more aware of these dangers!? There are lots of people who can benefit from this short 20 minute training on a topic that some are not even aware is a danger.



Contained in the course content are lots of additional resources you can review, download or print.



No matter how you use this free on-line course, we hope you find it helpful and will do your part to keep kids safe in cars this upcoming summer and all throughout the year. For more information on this topic and other childhood injury prevention risk areas, please contact Safe Kids Grand Forks at 701.780.1489 or [safekids@altru.org](mailto:safekids@altru.org)

