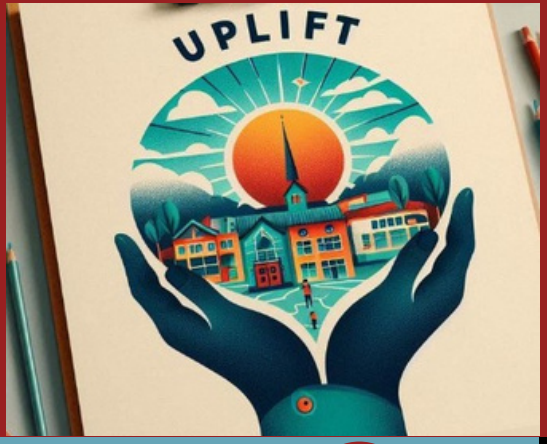
COOPERATIVE EDUCATIONAL SERVICES

IN PERSON TRAINING OPPORTUNITIES IN 2026



A TRAUMA-INFORMED APPROACH TO BUILD RELATIONAL & RESTORATIVE SCHOOLS

INDIVIDUAL SESSIONS $80

FOUNDATIONS OF TRAUMA-INFORMED CARE
9/24/2026

FOSTERING PSYCHOLOGICAL SAFETY FOR TRAUMA-INFORMED SCHOOLS
10/28/2026

CONNECTION BEFORE CORRECTION: TRAUMA-INFORMED DE-ESCALATION
10/29/2026

CO-CARE FOR STAFF & SYSTEM WELLNESS
12/3/2026

TRAUMA-INFORMED FBAS
12/15/2026

Intended Audience

All district staff, including: general educators, related service providers, specialists, special educators, mental health professionals, administrators, nursing staff, clerical staff, custodial staff, etc.



BECOME A TRAINER!

The UPLIFT Train-the-Trainer (TTT) program equips educators to deliver trauma-informed training and consultation in their own schools and districts. By becoming a trainer, you'll help colleagues and students recognize, respond, and recover from the impacts of adversity and toxic stress—while building a stronger, more resilient school community.

3/9/27 & 3/10/27 (FULL DAYS) $350

Click on session titles for detailed descriptions and learning objectives, or scan the QR code below to see all offerings in the 2026-27 school year!

If you have any questions, please contact Dana Bossio at:

BOSSIOD@CESTRUMBULL.ORG 203-365-8328

SESSION DESCRIPTIONS

FOUNDATIONS OF TRAUMA-INFORMED CARE



THIS FOUNDATIONAL LEARNING SESSION IS AN INTRODUCTION TO TRAUMA & ITS IMPACT ON DEVELOPMENT, RELATIONSHIPS, BEHAVIOR, & LEARNING. PARTICIPANTS WILL EXPLORE DIFFERENT TYPES OF TRAUMA & TOXIC STRESS, WHILE GAINING AN UNDERSTANDING OF THE CORE PRINCIPLES OF TRAUMA-INFORMED PRACTICE. PARTICIPANTS WILL LEARN PRACTICAL TOOLS FOR INTEGRATING A TRAUMA-INFORMED APPROACH INTO EXISTING SCHOOL AND CLASSROOM PRACTICES TO BETTER SUPPORT STUDENTS, STAFF, AND FAMILIES.

FOSTERING SAFETY FOR TRUSTING & TRAUMA-INFORMED SCHOOLS

THIS TRAINING EXPLORES THE ROLE OF TRUST & TRANSPARENCY IN CREATING SAFE SCHOOLS WITH TI SAFETY PRACTICES (E.G., FIRE DRILLS, ETC.). WE WILL EXPLORE THE IMPACT OF TRAUMA ON ATTACHMENT & HOW TRUST IS BUILT THROUGH TRANSPARENCY, RECIPROCITY, & SHARED RESPONSIBILITY. PARTICIPANTS WILL LEAVE WITH PRACTICAL STRATEGIES TO STRENGTHEN RELATIONSHIPS, PROMOTE REGULATION, & FOSTER SCHOOLS WHERE ALL FEEL SAFE, VALUED, & SUPPORTED.

BEYOND THE CORE 4: TRAUMA-INFORMED FBA

PARTICIPANTS WILL EXPLORE FUNCTIONAL BEHAVIOR ANALYSIS (FBA) THROUGH RELATIONAL AND NEUROSCIENCE PERSPECTIVES, EMPHASIZING TRAUMA-INFORMED CARE. PARTICIPANTS WILL EXAMINE THE EVOLUTION OF THE FBA, COMPARE TRADITIONAL BEHAVIORAL FUNCTIONS WITH RELATIONAL APPROACHES, AND HOW TO APPLY TRAUMA-INFORMED PRINCIPLES TO INSURE A HUMANISTIC APPROACH TO THE FBA PROCESS.

CO-CARE FOR STAFF & SYSTEM WELLNESS

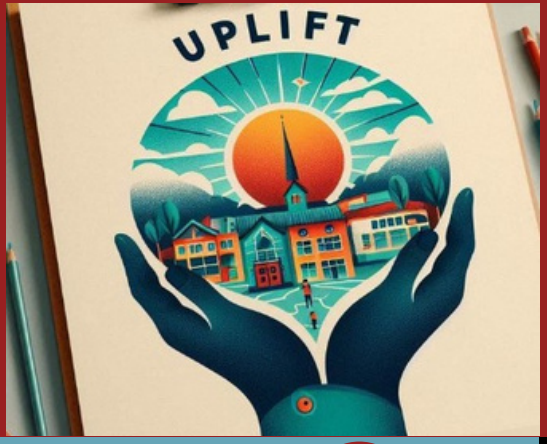
THIS TRAINING EXAMINES THE IMPACT OF TRAUMA EXPOSURE ON SCHOOL STAFF AND STRATEGIES FOR BUILDING RESILIENCE. PARTICIPANTS WILL EXPLORE KEY CONCEPTS LIKE SECONDARY TRAUMA, COMPASSION FATIGUE, AND BURNOUT WHILE LEARNING CO-CARE, AND SYSTEM-WIDE WELLNESS PRACTICES. THE SESSION EMPHASIZES PRACTICAL STRATEGIES TO SUPPORT STAFF & CREATE A HEALTHIER WORK ENVIRONMENT.

CONNECTION BEFORE CORRECTION: TI DE-ESCALATION

THIS SESSION EXPLORES HOW TRAUMA, STRESS, & ADVERSITY INFLUENCE STUDENT BEHAVIOR & HOW ADULTS CAN RESPOND WITHOUT REACTING. PARTICIPANTS WILL LEARN TO IDENTIFY COMMON ACTIVATORS & APPLY EFFECTIVE DE-ESCALATION TECHNIQUES THAT SUPPORT STUDENTS DURING MOMENTS OF DISTRESS, WHILE MAINTAINING STRONG STAFF AND STUDENT RELATIONSHIPS.

COOPERATIVE EDUCATIONAL SERVICES

IN PERSON TRAINING OPPORTUNITIES IN 2026



A TRAUMA-INFORMED APPROACH TO BUILD RELATIONAL & RESTORATIVE SCHOOLS

INDIVIDUAL SESSIONS $75

FOUNDATIONS OF TRAUMA-INFORMED CARE
2/25/2026 (AM)

STAFF & SYSTEM WELLNESS
2/25/2026 (PM)

COLLABORATION & MUTUALITY THROUGH PEER SUPPORT
3/24/2026 (PM)

TRAUMA-INFORMED FBAS
3/25/2026 (AM)

THE POWER OF VOICE: BUILDING RESILIENT & INCLUSIVE SCHOOLS
5/19/2026 (AM)

BECOME A TRAINER!

The UPLIFT Train-the-Trainer (TTT) program equips educators to deliver trauma-informed training and consultation in their own schools and districts. By becoming a trainer, you'll help colleagues and students recognize, respond, and recover from the impacts of adversity and toxic stress—while building a stronger, more resilient school community.

3/17/26 & 3/18/26 (FULL DAYS) $300

Intended Audience

All district staff, including: general educators, related service providers, specialists, special educators, mental health professionals, administrators, nursing staff, clerical staff, custodial staff, etc.



Register in Protraxx at bit.ly/PDSatCESprotraxx

Scan the QR code for detailed descriptions of trainings & learning objectives!

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COOPERATIVE EDUCATIONAL SERVICES

IN PERSON TRAINING OPPORTUNITIES THIS FALL!



A TRAUMA-INFORMED TRAINING PROGRAM FOR SCHOOLS

MOVING BEYOND THE CORE FOUR: TRAUMA-INFORMED FBAS

3/28/25 (9 AM)

THIS TRAINING EXPLORES FUNCTIONAL BEHAVIOR ANALYSIS (FBA) THROUGH RELATIONAL AND NEUROSCIENCE PERSPECTIVES, EMPHASIZING TRAUMA-INFORMED CARE. PARTICIPANTS WILL EXAMINE THE EVOLUTION OF FBA, COMPARE TRADITIONAL BEHAVIORAL FUNCTIONS WITH RELATIONAL APPROACHES, AND LEARN HOW TO APPLY TRAUMA-INFORMED PRINCIPLES TO ENHANCE THE FBA PROCESS.

LEADING WITH COMPASSION

4/25/25 (9 AM)

THIS TRAINING EQUIPS PARTICIPANTS WITH STRATEGIES TO CREATE AND SUSTAIN TRAUMA-INFORMED PRACTICES IN SCHOOLS WHILE SUPPORTING STAFF FACING TOXIC STRESS. IT EXPLORES LEADERSHIP APPROACHES AND UPLIFT TOOLS TO ENHANCE RESILIENCE AND INTEGRATE A TRAUMA-INFORMED FRAMEWORK WITH EXISTING PRACTICES.

STAFF & SYSTEM WELLNESS

4/25/25 (12:30 PM)

THIS TRAINING EXAMINES THE IMPACT OF TRAUMA EXPOSURE ON SCHOOL STAFF AND STRATEGIES FOR BUILDING RESILIENCE. PARTICIPANTS WILL EXPLORE KEY CONCEPTS LIKE SECONDARY TRAUMA, COMPASSION FATIGUE, AND BURNOUT WHILE LEARNING CO-CARE, AND SYSTEM-WIDE WELLNESS PRACTICES. THE SESSION EMPHASIZES PRACTICAL STRATEGIES TO SUPPORT STAFF & CREATE A HEALTHIER WORK ENVIRONMENT.

TRUST & TRANSPARENCY

5/23/25 (9 AM)

THIS TRAINING EXPLORES THE ROLE OF TRUST & TRANSPARENCY IN BUILDING POSITIVE RELATIONSHIPS & CULTURE. PARTICIPANTS WILL EXAMINE TRUST-BUILDING BEHAVIORS, TRANSPARENT COMMUNICATION, & STRATEGIES TO MITIGATE ATTACHMENT ISSUES ATTRIBUTABLE TO TRAUMA. THE SESSION PROVIDES ACTIONABLE INSIGHTS TO PROMOTE EQUITY & TRUST AT BOTH THE CLASSROOM AND INSTITUTIONAL LEVELS.

Click above to register for one more more UPLIFT sessions or use the QR code to view all ProTraxx offerings at CES!

Register in Protraxx at bit.ly/PDSatCESprotraxx

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BOSSIOD@CESTRUMBULL.ORG **203-365-8328**

COOPERATIVE EDUCATIONAL SERVICES

NO COST

IN PERSON

TRAINING OPPORTUNITIES THIS FALL!



A TRAUMA-INFORMED TRAINING PROGRAM FOR SCHOOLS

MOVING BEYOND THE CORE FOUR: TRAUMA-INFORMED FBAS

3/28/25 (9 AM)

LEADING WITH COMPASSION

4/25/25 (9 AM)

STAFF & SYSTEM WELLNESS

4/25/25 (12:30 PM)

TRUST & TRANSPARENCY

5/23/25 (9 AM)

EMPOWERMENT, VOICE & CHOICE

5/23/25 (12:30 PM)

Intended Audience

All district staff, including: general educators, related service providers, specialists, special educators, mental health professionals, administrators, nursing staff, clerical staff, custodial staff, etc.



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TRAINING OPPORTUNITIES THIS FALL!



A TRAUMA-INFORMED TRAINING PROGRAM FOR SCHOOLS

FOSTERING SAFETY FOR TRAUMA-INFORMED SCHOOLS

10/18/24
9-11:30 AM

PARTICIPANTS WILL LEARN ABOUT THE KEY COMPONENTS OF PHYSICAL AND PSYCHOLOGICAL SAFETY IN SCHOOLS. WE WILL REFLECT ON TRADITIONAL PRACTICES (E.G., ACTIVE SUPERVISION, PREDICTABILITY AND ROUTINES, FIRE DRILLS, LOCKDOWNS), AND EXPAND UNDERSTANDING OF A SAFE, TRAUMA-INFORMED PHYSICAL ENVIRONMENT. DISCUSSIONS AND ACTIVITIES SERVE TO EXPLORE HOW ROUTINES, NORMS, CONSISTENCY, AND PREDICTABILITY CAN HELP BUILD A SENSE OF SAFETY FOR STUDENTS AND STAFF ALIKE. WE WILL LEARN THE KEY COMPONENTS OF PSYCHOLOGICAL SAFETY, WITH A SPECIFIC FOCUS ON THE SEQUENCE OF ENGAGEMENT, INCLUDING CO-REGULATION AND RELATIONSHIP BUILDING. UTILIZING A CASE STUDY, PARTICIPANTS WILL EXPLORE HOW TO REPLACE LESS EFFECTIVE NEGATIVE CONSEQUENCES WITH NATURAL CONSEQUENCES AND/OR RESTORATIVE PRACTICES THAT MORE SUSTAINABLY ESTABLISH FEELINGS OF SAFETY FOR STUDENTS, STAFF AND FAMILIES.

Scan the QR code to register for this and other upcoming trainings.

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NO COST

IN PERSON

TRAINING OPPORTUNITIES THIS FALL!



A TRAUMA-INFORMED TRAINING PROGRAM FOR SCHOOLS

STAFF & SYSTEM WELLNESS:
YOU CAN'T HAVE ONE WITHOUT THE OTHER

10/24/24
12-3 PM

THE WELLNESS OF OUR ADULTS REFLECTS THE WELLNESS OF OUR YOUTH; SUPPORTING ADULTS IN THE CURRENT EDUCATIONAL CLIMATE IS A CRITICAL ELEMENT OF THE PROCESS OF SCHOOLS BECOMING TRAUMA-INFORMED. EDUCATORS AND SCHOOL STAFF HAVE ENCOUNTERED UNPARALLELED CHALLENGES IN RECENT YEARS. THIS MODULE EXAMINES THE IMPACT THAT TOXIC STRESS AND/OR SECONDARY TRAUMATIC STRESS HAVE ON SCHOOL EMPLOYEES, AND THE EFFECTS ON MOTIVATION, SENSE OF ACCOMPLISHMENT AND EFFECTIVENESS IN PERSONAL AND PROFESSIONAL LIVES. THIS MODULE OFFERS RESOURCES FOR PROMOTING WHOLE-BUILDING AND/OR DISTRICT PRACTICES THAT SUPPORT EDUCATORS IN A) IDENTIFYING SIGNS OF STRESS IN THEMSELVES AND OTHERS, B) DEVELOPING SELF-CARE STRATEGIES THAT ARE MEANINGFUL TO THEIR PERSONAL AND PROFESSIONAL LIVES, AND C) CONTRIBUTING TO A SCHOOL CLIMATE THAT IS CENTERED IN TRUSTING RELATIONSHIPS, SHARED RESPONSIBILITY, COLLABORATION AND CO-CARE.

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TRAINING OPPORTUNITIES THIS FALL!



A TRAUMA-INFORMED TRAINING PROGRAM FOR SCHOOLS

UPLIFT: FOUNDATIONS OF TRAUMA-INFORMED CARE

11/22/24
9 AM-12 PM

THIS FOUNDATIONAL MODULE IS INTENDED TO BUILD AWARENESS AND SUPPORT ALL EDUCATORS IN RECOGNIZING TRAUMA AND RESPONDING TO INDIVIDUALS WHO HAVE BEEN EXPOSED TO ADVERSE EXPERIENCES AND/OR TRAUMA. IT IS EXPECTED THAT PARTICIPANTS WILL DEVELOP COMPETENCY AROUND DEFINING AND DISCUSSING TRAUMA AND COMMON TRAUMA SYMPTOMS, AS WELL AS IMPLICATIONS THAT TRAUMA AND TOXIC STRESS CAN HAVE ON BEHAVIORS PRESENTED AT HOME, IN SCHOOL, OR IN THE COMMUNITY. THE MODULE INCORPORATES NEURO-DEVELOPMENTAL INFORMATION TO INCREASE AWARENESS OF THE REPERCUSSIONS OF TRAUMA AND TOXIC STRESS ON BRAIN DEVELOPMENT, AND IMPLICATIONS FOR LEARNING, ACADEMIC ACHIEVEMENT OR ENGAGEMENT, AND SOCIAL SUCCESS. PARTICIPANTS WILL DEVELOP AN UNDERSTANDING OF A TI CARE FRAMEWORK (E.G., THE 4 RS AND 6 PRINCIPLES OF TI ORGANIZATIONS), & HOW THESE INTERSECT WITH EXISTING INITIATIVES (E.G., SCHOOL CLIMATE, PBIS, SEL, DEI, RESTORATIVE PRACTICES, ETC.). IT IS DESIGNED TO OFFER ALL SCHOOL STAFF A BASIC UNDERSTANDING OF TRAUMA AND TIC PRACTICES, FROM UNIVERSAL PRACTICES TO INDIVIDUALIZED SUPPORTS. ACTIVITIES MAY INCLUDE INDIVIDUAL REFLECTION, CASE SCENARIOS, POLLS, GROUP DISCUSSION AND Q & A.

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