



## SPL Small Groups / Home Churches Guidelines

June 12, 2020

Effective Friday, June 12, the provincial limit on social gatherings will increase to ten, regardless of region. Some regions are moving to [Stage 2](#) of restarting, but Durham Region is not one of those.

Physical distancing restrictions remain in place and guidelines state that “non-essential in-person gatherings of any size continue to be strongly discouraged.”

Based on these guidelines and [Durham Region Public Health](#) Community Reopening resources, we offer the following recommendations to SPL leaders who are considering gathering in person:

1. Limit your gathering to 10 or fewer people.
2. Gather where you can maintain physical distancing of 2m (6') apart.
3. Greet with a smile or wave; do not give handshakes or hugs.
4. Continue to meet outdoors wherever possible.
5. Avoid singing.
6. Avoid sharing food or drinks or passing anything around.
7. Make sure that handwashing or hand sanitizing are available.
8. Do not attend if you are at all unwell. Please stay home.
9. If you have someone in your group who is vulnerable to COVID, proceed with extra caution. It may not be safe for them to gather with you, and so providing an alternative (i.e. continuing with some virtual connection) may be important.

We will update these recommendations as the situation changes and we learn more. If you are in doubt, please check with [Durham Region Public Health](#) or [Public Health Ontario](#) for details.