

# 7 HABITS OF HIGHLY EFFECTIVE PEOPLE

**“Have you ever been too busy  
driving to stop for gas?”**

-Stephen Covey

## **LEARN HOW TO FILL YOUR TANK BY:**

- ✓ Choosing happiness
- ✓ Building & maintaining positive relationships
- ✓ Setting your priorities
- ✓ Building self-esteem, Caring for yourself
- ✓ Based on *The 7 Habits of Highly Effective People* by Stephen Covey

**When: Saturday, October 26<sup>th</sup>, 2019**

**Registration and Light Breakfast Begins 8:15am  
Session 9-5pm with Light lunch**

**Where: The HUB @ 502 S. Morris Ave.  
Bloomington, IL 61701**

**\$10 Fee due by October 17<sup>th</sup>, 2019**  
Card, Cash, Check (includes book and meal)

Visit [www.integrityhelps.org/donate](http://www.integrityhelps.org/donate)

Maximum class size: 20



**Presented by:**

**Dennis Goodwin,  
Counselor w/ INtegrity**

**7 Habits of Highly  
Effective People**

1. Be Proactive
2. Begin with the End in Mind
3. Put First Things First
4. Always Think Win/Win
5. Seek First to Understand
6. Always Synergize
7. Sharpen the Saw

**Phone or Email to Register**

**309-827-9100 or info@integrityhelps.org**