

# 7 HABITS OF HIGHLY EFFECTIVE PEOPLE

**“Have you ever been too busy  
driving to stop for gas?”**

**-Stephen Covey**

## **LEARN HOW TO FILL YOUR TANK BY:**

- ✓ Choosing happiness
- ✓ Building & maintaining positive relationships
- ✓ Setting your priorities
- ✓ Building self-esteem, Caring for yourself
- ✓ Based on *The 7 Habits of Highly Effective People* by Stephen Covey

**When: Saturday, October 26<sup>th</sup>, 2019**

**Registration and Light Breakfast Begins 8:15am**

**Session 9-5pm with Light lunch**

**Where: The HUB @ 502 S. Morris Ave.  
Bloomington, IL 61701**

**\$10 Fee due by October 17<sup>th</sup>, 2019**

Card, Cash, Check (includes book and meal)

Visit [www.integrityhelps.org/donate](http://www.integrityhelps.org/donate)

Maximum class size: 20



**Presented by:**  
**Dennis Goodwin,**  
**Counselor w/ INtegrity**

**7 Habits of Highly  
Effective People**

- 1.Be Proactive
- 2.Begin with the End in Mind
- 3.Put First Things First
- 4.Always Think Win/Win
- 5.Seek First to Understand
- 6.Always Synergize
- 7.Sharpen the Saw

**Phone or Email to Register**

**309-827-9100 or [info@integrityhelps.org](mailto:info@integrityhelps.org)**