



What is Grief Recovery?

Grief is the overwhelming feeling of loss when someone you love passes away. Everyone experiences grief differently. Come learn why your feelings of loss are normal. You will also learn how to manage grief and meet others who are grieving as well. Remember, you are not alone in the recovery process.

We will be meeting from 6:00pm to 7:30pm on Tuesday evenings from October 22 to December 10, 2019.

Call for more info or to register!

The maximum group enrollment is eight.

Register by Thursday, October 17th.



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