



Yoga

Mondays & Wednesdays

Generator Hall at the Bald Head Association Center

11:45am – 1:00pm

For all levels! All are invited! Walk-ins welcome!

Daily drop-in fee \$16

Discounted fees are available for weekly and monthly participants

Cash or check only

Students may want to bring water and wear comfortable clothing

Instructor is Pam Moulin / Email: pammoulin@ec.rr.com



Bald Head Association ~ "The voice for BHI property owners"

Sponsored by:

BHA's Socialization, Education & Recreation (SER) Committee