

WorkLife WELLBEING

by exos



MASSAGE SERVICES

Recovery

Chair Massage	15 min for \$30
Table Massage	30 min 60 min 90 min
Deep Tissue	\$90.00 \$130.00 \$175.00
Therapeutic	\$75.00 \$120.00 \$165.00
Swedish	\$65.00 \$110.00 \$145.00

Add-ons

Aromatherapy	\$10.00
Hot Stone	\$20.00
Cupping	\$20.00
Skin brushing	\$20.00

Ask us about our meeting and special event pricing!



Shaun DeLuca

@SDtheLMT

Monday 1:00 - 7:00 PM
Tuesday 12:00 - 7:00 PM
Thursday 12:00 - 7:00 PM



Lucy Palacios

Select Wednesdays
1:00 - 6:00p

REMINDERS:

- Located: WorkLife WellBeing Center Massage Therapy Room
- Massage sessions are offered as clothed chair/table sessions.
- Appointments are encouraged.
- Tips are given directly to the massage therapist via cash or Venmo



SCHEDULE A MASSAGE

- Pay using credit or debit
- Stop by the WellBeing Center to schedule an appointment:
Monday - Thursday
6:00 AM - 8:00 PM
Friday
6:00 AM - 6:00 PM
- E-mail wellbeing@worklifebyvornado.com
- Call 646-852-WELL (9355)
- Text 973-577-5827



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worklifebyvornado.com

