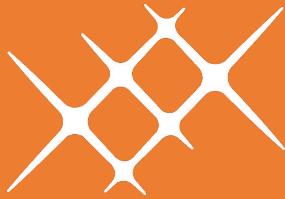


# WorkLife WELLBEING

by exos



## MASSAGE SERVICES

### Recovery

#### Chair Massage

**15 min for \$30**

#### Table Massage

**30 min | 60 min | 90 min**

Deep Tissue

\$90.00 | \$130.00 | \$175.00

Therapeutic

\$75.00 | \$120.00 | \$165.00

Swedish

\$65.00 | \$110.00 | \$145.00

#### Add-ons

Aromatherapy \$10.00

Hot Stone \$20.00

Cupping \$20.00

Skin brushing \$20.00

**Ask us about our meeting and special event  
pricing!**



Shaun DeLuca

@SDtheLMT

Monday 1:00 - 7:00 PM  
Tuesday 12:00 - 7:00 PM  
Thursday 12:00 - 7:00 PM



Lucy Palacios

Select Wednesdays  
1:00 - 6:00p

[worklifebyvornado.com/wellbeing](http://worklifebyvornado.com/wellbeing)

### REMINDERS:

- Located: WorkLife WellBeing Center Massage Therapy Room
- Massage sessions are offered as clothed chair/table sessions.
- Appointments are encouraged.
- Tips are given directly to the massage therapist via cash or Venmo



### SCHEDULE A MASSAGE

- Pay using credit or debit
- Stop by the WellBeing Center to schedule an appointment:  
**Monday - Thursday**  
6:00 AM - 8:00 PM  
**Friday**  
6:00 AM - 6:00 PM
- E-mail [wellbeing@worklifebyvornado.com](mailto:wellbeing@worklifebyvornado.com)
- Call 646-852-WELL (9355)
- Text 973-577-5827



Scan to Learn More

[worklifebyvornado.com](http://worklifebyvornado.com)

