

# Sinai Temple Programming At-A-Glance

## (From 3/19-3/23, 2020)

Please Note: Rooms do not open until a few minutes before the start of each event.

### **Thursday, March 19, 10:30 AM- A Look at Torah**

Join Rabbi Alan as he reads a bit of this week's portion from the Torah, and talks a bit about its meaning in our lives. <https://tinyurl.com/sinaitorah319>

### **Friday, March 20, 3 PM - Shabbat Preparations with Rabbi Jody**

Join Rabbi Jody for this brief get together as she leads families and students in activities to help you prepare for Shabbat! <https://tinyurl.com/shabprep320>

### **Friday, March 20, 7:30 PM - Shabbat Worship**

We join together as a (virtual) community to enjoy the peace and beauty of Shabbat worship. Rabbi Alan will conduct the service, with music from Rebecca Swartz. Consider gathering your candles and your wine or juice near your computer, so that we can make these blessings together. Prayers will be displayed on the screen, or you may wish to download the flip book of our siddur (link below), and follow along yourself. <https://tinyurl.com/Sinaishab320>

**Please note that there will be no Shabbat Rocks! or Next Dor service this month.**

(Siddur may be downloaded at: <https://www.ccarnet.org/publications/mishkan-tfilah-weekdays-shabbat-festivals/> )

### **Saturday, March 21, 9 AM- 10:30 AM - Torah Study**

We will study the weekly portion, VaYakhel/Pekuday at the end of Exodus. We will supplement our discussion with articles from [www.thetorah.com](http://www.thetorah.com) and [www.rabbisacks.org](http://www.rabbisacks.org)  
<https://tinyurl.com/sinaiTS321>

### **Saturday, March 21, 8 PM - Havdalah**

Join the Cook family for a brief service marking the end of Shabbat. This event will be broadcast via Facebook Live on Rabbi Alan's Facebook account. It is our understanding that you do not need a Facebook account to view. Find us at <http://facebook.com/rabbialancook>

### **Sunday, March 22, 9 PM - Parent/ Caregiver Chat and Check-In**

Dr. Rebecca Swartz will moderate this conversation to provide tools and resources for coping with the the current situation. This is a wonderful opportunity to ask questions and receive feedback about how to explain and navigate the current pandemic with your children.

Rebecca is an early learning specialist for UIUC's Illinois Early Learning Project. She completed her doctorate in human development and family studies at the University of Illinois at Urbana-Champaign. Rebecca's research and outreach work focuses on infant-toddler care, home-based child care, and the social-emotional development of young children. Her goal is to help parents and early educators by providing evidence-based resources on child development and early learning.

<https://tinyurl.com/rswartz322>

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### **Monday, March 23, 12:00-1:00 PM - Adult Education**

Join Rabbi Alan for a discussion of current events and how they pertain to Judaism and Jewish values. <https://tinyurl.com/sinaiAE323>

### **Monday, March 23, 6:30 PM - Story Time**

Sinai Temple and PJ Library are pleased to co-sponsor this program, as we gather on Facebook Live for Rebecca Swartz to tell a bedtime story. <https://tinyurl.com/sinaistory1>