

Easy Bullying Prevention Tips for Middle School Teachers

Know the policies!

Experts agree that most incidences of bullying occur in middle school! Know

your school and district policies on bullying and do your part to implement them effectively.



What You Can Do:

TAKE CYBER BULLYING SERIOUSLY Go online, get familiar with the social networking sites. Also, teach your students ways to avoid victimization. Remind them to never put anything sensitive into an electronic format.

YOU HAVE AN ALLY IN THE SCHOOL COUNSELOR Counselors have experience teaching kids what it means to be kind, responsible, and respectful, and that translates to their behavior online.

STOP BULLYING ON THE SPOT Stand between the bullied student and the bully(ies), blocking eye contact. Don't send any bystanders away. To avoid escalating the tension, wait until later to sort out the facts. Talk to the parties involved separately once they are calm.

TREAT STUDENTS WITH RESPECT Teach cooperation by assigning projects that require collaboration. Such cooperation teaches students how to compromise and how to assert without demanding. Take care to vary grouping of participants and to monitor the treatment of and participants in each group.

Check out these other resources for lesson plans and activities:

www.nea.org/tools/lessons/teaching-students-to-prevent-bullying.html#lp

www.goodcharacter.com

www.readwritethink.org



Contact us and find out how we can help.

FHF of Jefferson, part of a statewide FHF network.

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