

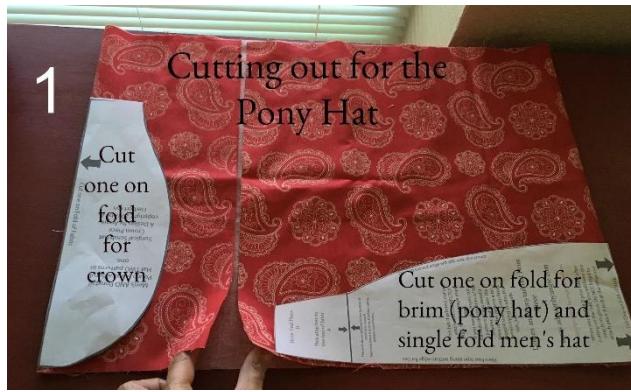
Pony Tail Pouch Scrub Hat And Unisex Scrub Hat Sewing Pattern TWO in ONE



Items You Will Need:

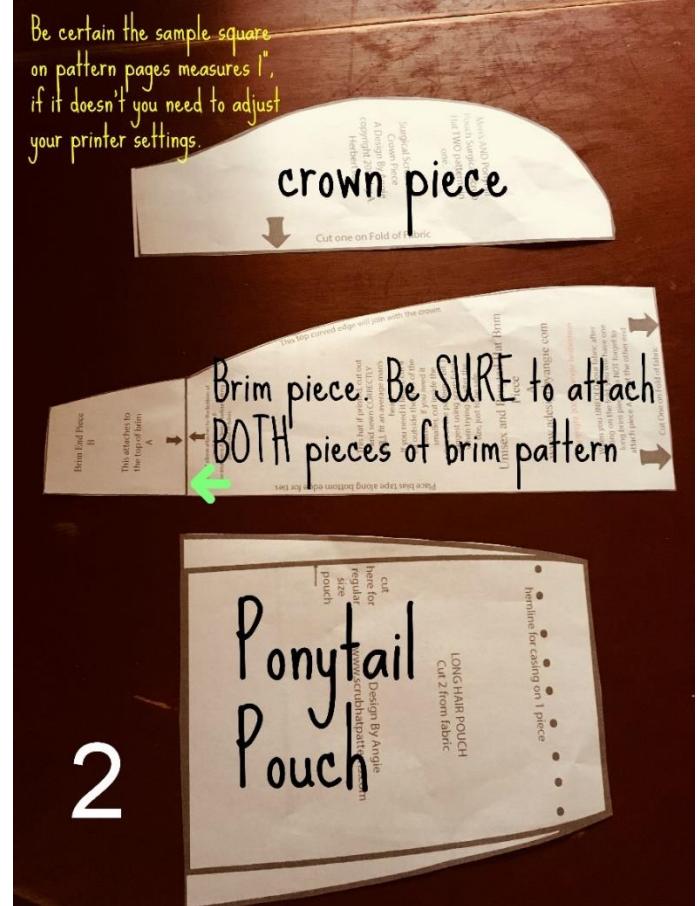
½ yard of fabric
package of double fold bias tape (either regular width or small width)
¼" width elastic
¼" seam allowance
Roll of thread

You can make either a men's unisex style hat with this or you can make a unisex style hat with the little elastic pocket in the back to hold your ponytail. You can make the pocket shorter or longer, wider or thinner. It is simple, as long as you keep the part that attaches to the crown of the hat the same width you can adjust the rest of the pouch however you would like it. To start the pony tail holder hat you will lay out the pattern pieces following the instructions on the cut outs. The pouch is not shown but lay it above the brim piece, so you can cut a double layer of it as well



Be certain the sample square on pattern pages measures 1", if not adjust your printer settings until it does. Otherwise your pattern size will be wrong.

**READ ALL INSTRUCTIONS
COMPLETELY BEFORE
STARTING PROJECT**



Hat will fit up to a men's 24" head. If you need it to fit larger, simply cut the crown piece and brim piece longer by the same amount from the back end. If you need it slightly smaller, cut the same amount off from each end. You can check this after you cut your fabric out by wrapping the brim piece around your head to see how large it is going to be. **KEEP IN MIND YOU ARE GOING TO FOLD ¾ TO 1" ON EACH END OF BRIM AND BOTTOM OF CROWN FOR HEMMING UP.** Pin the brim at the place you are going to be hemming it, then wrap it around your head again, to see if the fit is right FOR YOU. This is YOUR hat, not my hat, so it needs to be right for YOU. Remember though, you will be tying it closed. If you need it a lot smaller, for a child you would need to cut further inside the lines of the pattern all the way around. Just experiment with that and then mark it on your pattern pieces for future reference.

When laying your pattern pieces out on your fabric take note of the direction you want the repeating design on the fabric to go and pay close attention to the instructions on the pattern pieces themselves.

For the men's hat with bias tape for trim/ties you will also have this, minus the pouch.



Once you are done cutting out, this is what you will have if you are making the ponytail hat.

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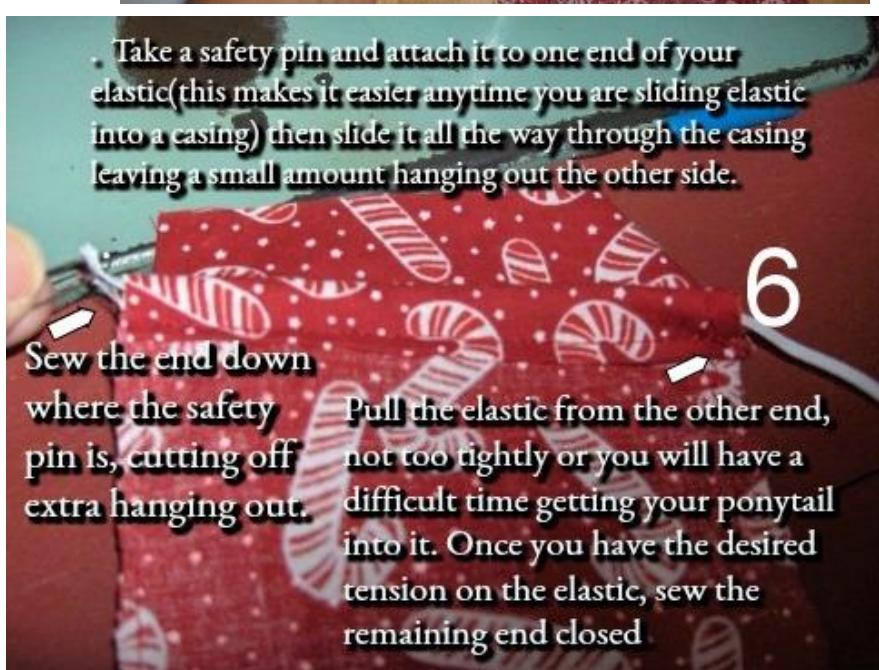


Take one side and fold down to the hemline mark you would've transferred from your pattern piece and sew that down. This will be the casing for your elastic for the pony pouch.

- 1.)Pattern Pieces
- 2.)Cutting Layout
- 3.)Fabric Pieces
- 4.)Sew Pony Pouch Together
- 5.)Fold down top of pouch for elastic casing
- 6.)Insert elastic in pouch casing
- 7.)Hem top sides of pouch

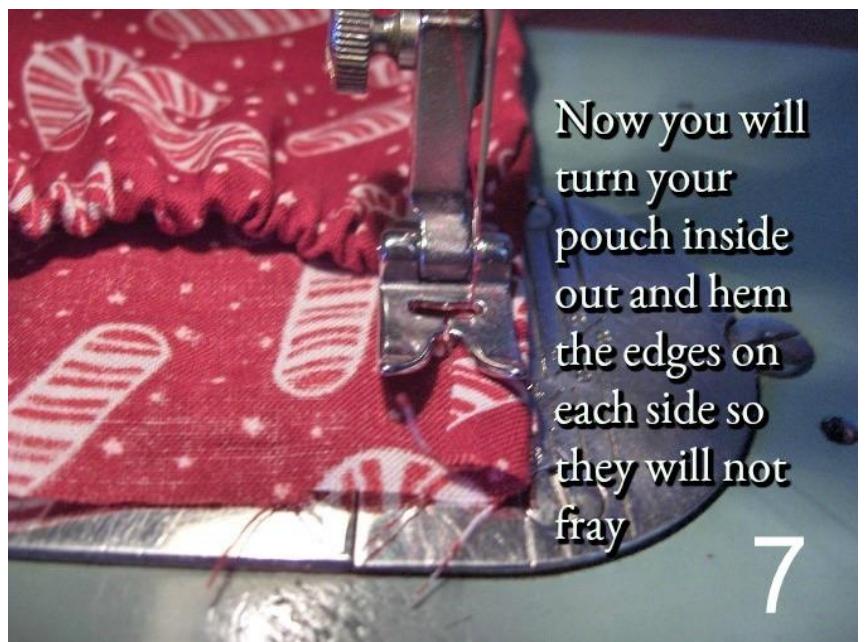


Take the two rectangular pieces and lay them right sides together and starting $1\frac{1}{2}$ " down from the top sew all the way around to $1\frac{1}{2}$ " from the top on the other side.



Sew the end down where the safety pin is, cutting off extra hanging out.

Pull the elastic from the other end, not too tightly or you will have a difficult time getting your ponytail into it. Once you have the desired tension on the elastic, sew the remaining end closed.



Now you will turn your pouch inside out and hem the edges on each side so they will not fray

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Take the crown of the hat and the pony pouch and join them (right sides together), as shown. If you do not have a serger you may want to go back over with a zig zag stitch to keep it from fraying.

Crown

8

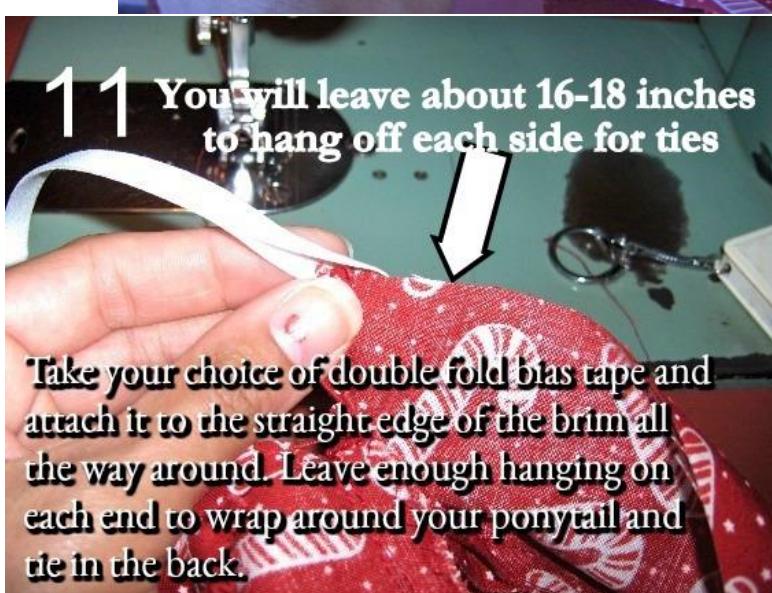
Take your long hat brim piece and hem under the edge on each end as shown.

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The curved edge of the brim is what attaches to the crown. Starting from where you hemmed the end of the brim and where the crown meets pony pouch, start pinning the brim to the crown all the way around to the other end of crown.

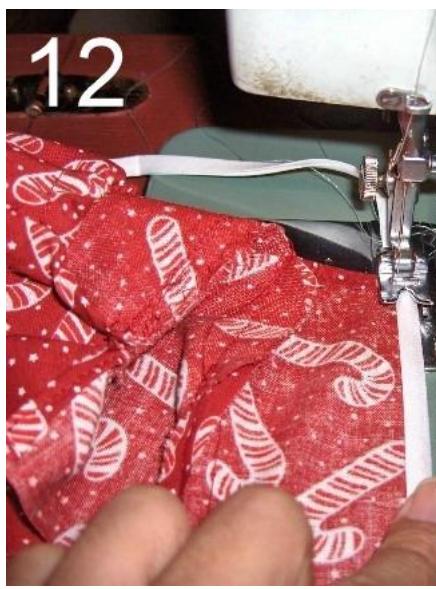


You will pin it first just to be certain everything meets up correctly before you stitch it down. It is easier to take out pins and adjust than it is to rip out stitches. If everything is fitting well, then stitch it together, if not adjust then sew.



- 8.) Attach crown to pouch
- 9.) Hem the ends of brim piece
- 10.) Attach Brim to crown
- 11.& 12.) Attach Double fold bias tape around straight edge of hat brim, leaving 16-18 inches on each end
For hat ties.
- 13.) Finished Pony Hat

12



Sew just along the edge of the bias tape all the way around to attach it to the hat brim. Be sure you are sewing with the lower edge of the bias tape towards you always. This ensures that you catch all of it on the backside. When finished, go back and sew all the way down to the end of the ties, folding under a small amount at the end of ties for a finished look. You can see this in the next small photo.



Your hat should look basically like this now. In this hat I used pinking shears on the edges.

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A

Take your length of fabric for ties and fold in half (lengthwise) all the way down then iron it so that it has a crease in it as seen here

Open up your folded fabric and fold each side of it only up to the crease you first made, then iron again. It will look like this now



Fold the whole thing in half again so that it looks like this and iron it.

Now you are ready to use it for your hat trim and ties.

C

D

This is what your tie will look like on your hat.



E

Now you just need to sew it on as per instructions in photo 11

Optional Ties Instruction

Instead of bias tape you can use a length of contrasting fabric for the ties. This is actually much cuter and that is what I use in the photo of the hat with orange ties.

PONY TAIL TIES: cut a length of fabric 58" x 3"

MEN'S HAT TIES: Cut a length of fabric 44 1/2" x 3"

**For the ties on men's hat
I leave about 11" hanging
off each end in back.**

This is a men's or unisex hat without the pony pouch. To do this one, you will attach the brim to the crown and only THEN will you fold the back and hem it.

After that you attach the bias tape for ties the same as the previous instructions.

I used a decorative stitch on this hat after I attached the brim. This stitch makes the inside seam lay flat and looks pretty from the front side. If your machine has decorative stitches this is certainly an option.

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**For this hat, instead
of hemming
the back edges down, I
simply added
the bias tape on
the back, after I sewed
the crown to the brim.
I then added the bias
tape to the flat, bottom
edge of the brim as
per the instructions
used in photos 11 & 12.**

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In photo 16 you can see where it is indicated that the optional elastic would go BEFORE attaching the crown onto the brim. Make the casing as you normally would. The insertion of the elastic is documented in photo 6 . It is the exact same

principal. Then after you've inserted elastic and stitched down each end of crown casing you would attach it to the brim as per instructions in photo 10. The ONLY difference is that you don't have a pony pouch hanging off the back end.

**If you wish to add elastic,
simply add it to the bottom
of the crown piece
BEFORE attaching crown
to brim. You would make the
casing as if hemming it normally
then insert elastic exactly like
instructions for pouch in photo 6.
It's the same principal. Draw the
elastic as tight or loose as you
prefer.**

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No matter how you purchased this pattern, the easiest, quickest way to contact me is through my Etsy store. I will be happy to assist you with any questions. Here is a link for that page and just use the contact link under my shop photo. I'll see that conversation quicker than a regular email. I usually will answer within a day.

www.etsy.com/people/adesignbyangie

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This is how your finished men's hat will look

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Place bias tape along bottom edge for ties

This end above attaches to the bottom of
small brim piece B
Tape end piece A to brim B before cutting
pattern out of fabric.

Brim End Piece
B

This attaches to
the top of brim
A



This hat if printed, cut out
and sewn CORRECTLY
WILL fit an average man's
head.

If you need it larger, cut a
bit outside the lines of the
pattern. If you need it
smaller, cut inside the
lines of the pattern a bit. I
suggest using scrap fabric
when trying to alter the
size, just to be safe.

This box should
measure 1"
square, if it
doesn't, adjust
your printer
settings

When joining
pieces use 1/4"
seam allowance

Unisex and Ponytail Hat Brim Piece

A

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When you UNFOLD your fabric after
cutting on the fold, you will have one
long brim piece. Do NOT forget to
attach piece A to B at the other end



Cut One on Fold of fabric



This box should
measure 1" square,
if it doesn't, adjust
your printer
settings

Men's AND Ponytail
Pouch Surgical Scrub
Hat TWO patterns in
one.

Surgical Scrub hat
Crown Piece
A Design By Angie
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Cut one on Fold of Fabric



If you have questions, the easiest and quickest way to
get your question answered is to send me a message
through my Etsy shop.
www.etsy.com/shop/adesignbyangie

This box should
measure 1" square,
if it doesn't, adjust
your printer
settings

Cut on
outside
line for
wider
pouch

cut
here for
regular
size
pouch

hemline for casing on 1 piece

LONG HAIR POUCH
Cut 2 from fabric

A Design By Angie
www.scrubhatpatterns.com