

Pony Tail Pouch Scrub Hat And Unisex Scrub Hat Sewing Pattern TWO in ONE



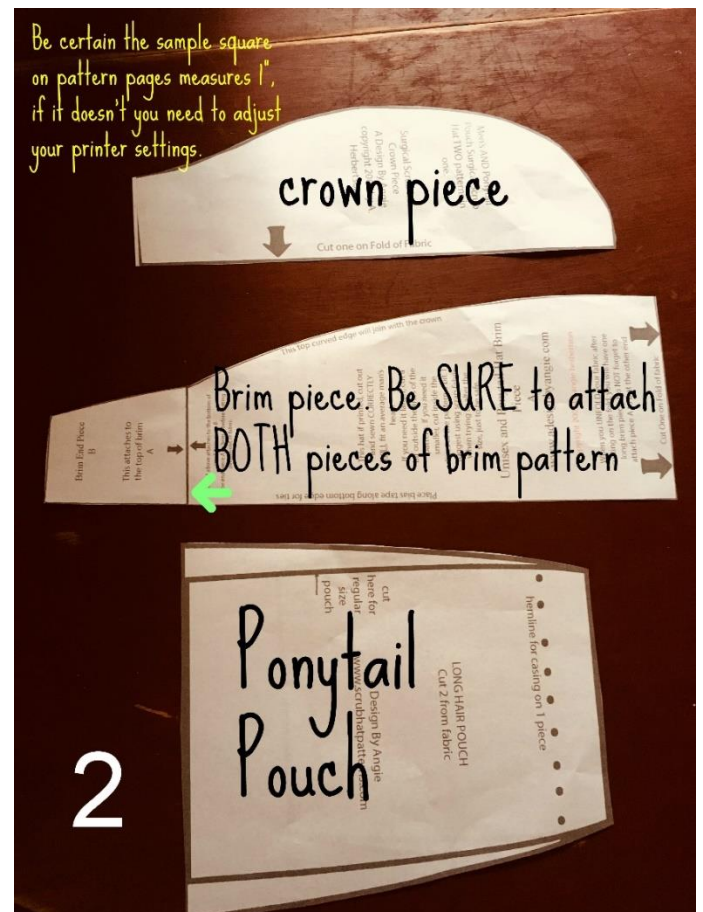
Items You Will Need:

½ yard of fabric
 package of double fold bias tape (either regular width or small width)
 ¼" width elastic
 ¼" seam allowance
 Roll of thread

Be certain the sample square on pattern pages measures 1", if not adjust your printer settings until it does. Otherwise your pattern size will be wrong.

READ ALL INSTRUCTIONS COMPLETELY BEFORE STARTING PROJECT

You can make either a men's unisex style hat with this or you can make a unisex style hat with the little elastic pocket in the back to hold your ponytail. You can make the pocket shorter or longer, wider or thinner. It is simple, as long as you keep the part that attaches to the crown of the hat the same width you can adjust the rest of the pouch however you would like it. To start the pony tail holder hat you will lay out the pattern pieces following the instructions on the cut outs. The pouch is not shown but lay it above the brim piece, so you can cut a double layer of it as well



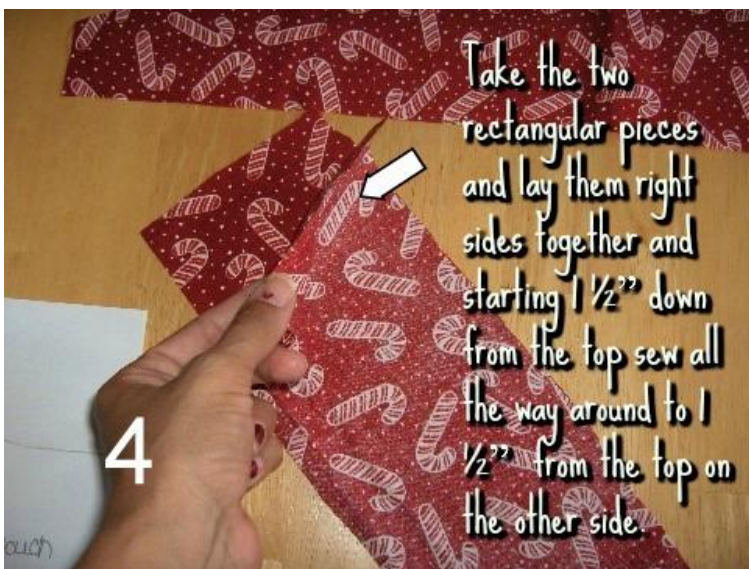
Hat will fit up to a men's 24" head. If you need it to fit larger, simply cut the crown piece and brim piece longer by the same amount from the back end. If you need it slightly smaller, cut the same amount off from each end. You can check this after you cut your fabric out by wrapping the brim piece around your head to see how large it is going to be. **KEEP IN MIND YOU ARE GOING TO FOLD ¾ TO 1" ON EACH END OF BRIM AND BOTTOM OF CROWN FOR HEMMING UP.** Pin the brim at the place you are going to be hemming it, then wrap it around your head again, to see if the fit is right FOR YOU. This is YOUR hat, not my hat, so it needs to be right for YOU. Remember though, you will be tying it closed. If you need it a lot smaller, for a child you would need to cut further inside the lines of the pattern all the way around. Just experiment with that and then mark it on your pattern pieces for future reference.

When laying your pattern pieces out on your fabric take note of the direction you want the repeating design on the fabric to go and pay close attention to the instructions on the pattern pieces themselves.

For the men's hat with bias tape for trim/ties you will also have this, minus the pouch.

Once you are done cutting out, this is what you will have if you are making the ponytail hat.

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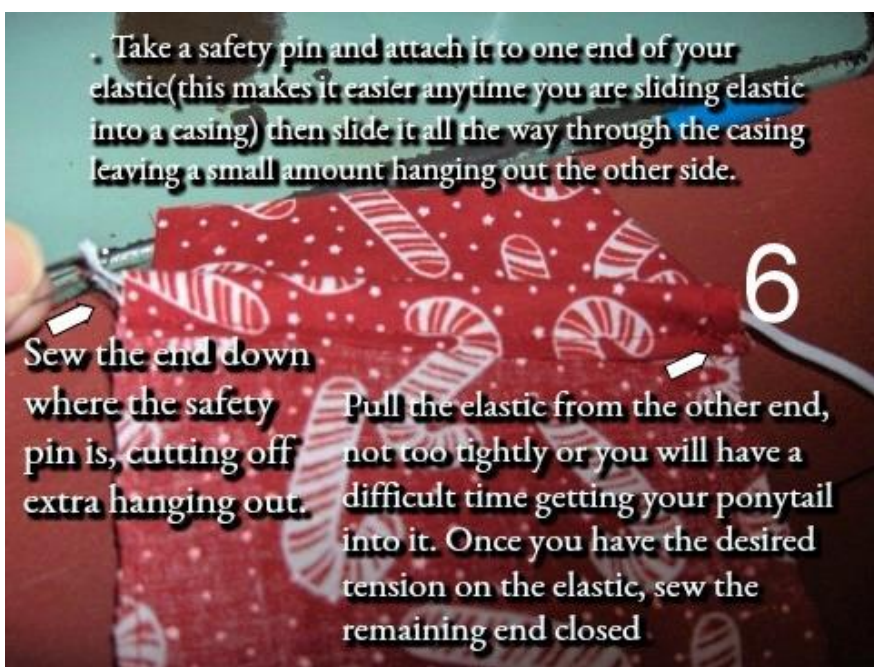
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Take the two rectangular pieces and lay them right sides together and starting 1 1/2" down from the top sew all the way around to 1 1/2" from the top on the other side.



Take one side and fold down to the hemline mark you would've transferred from your pattern piece and sew that down. This will be the casing for your elastic for the pony pouch.

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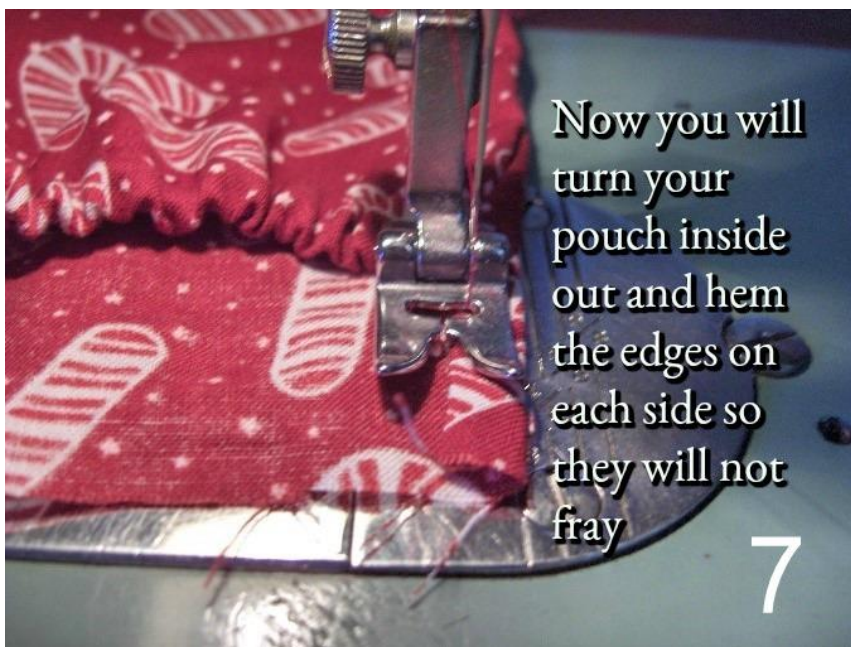


Sew the end down where the safety pin is, cutting off extra hanging out.

Pull the elastic from the other end, not too tightly or you will have a difficult time getting your ponytail into it. Once you have the desired tension on the elastic, sew the remaining end closed.

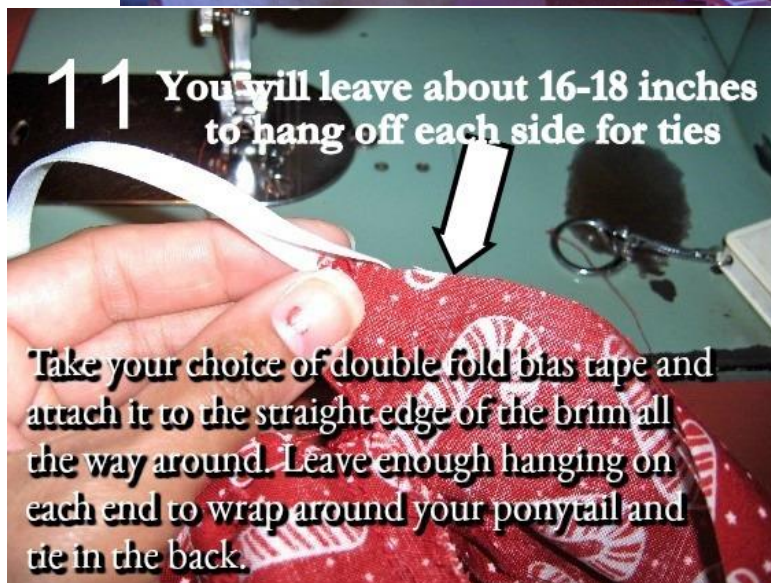
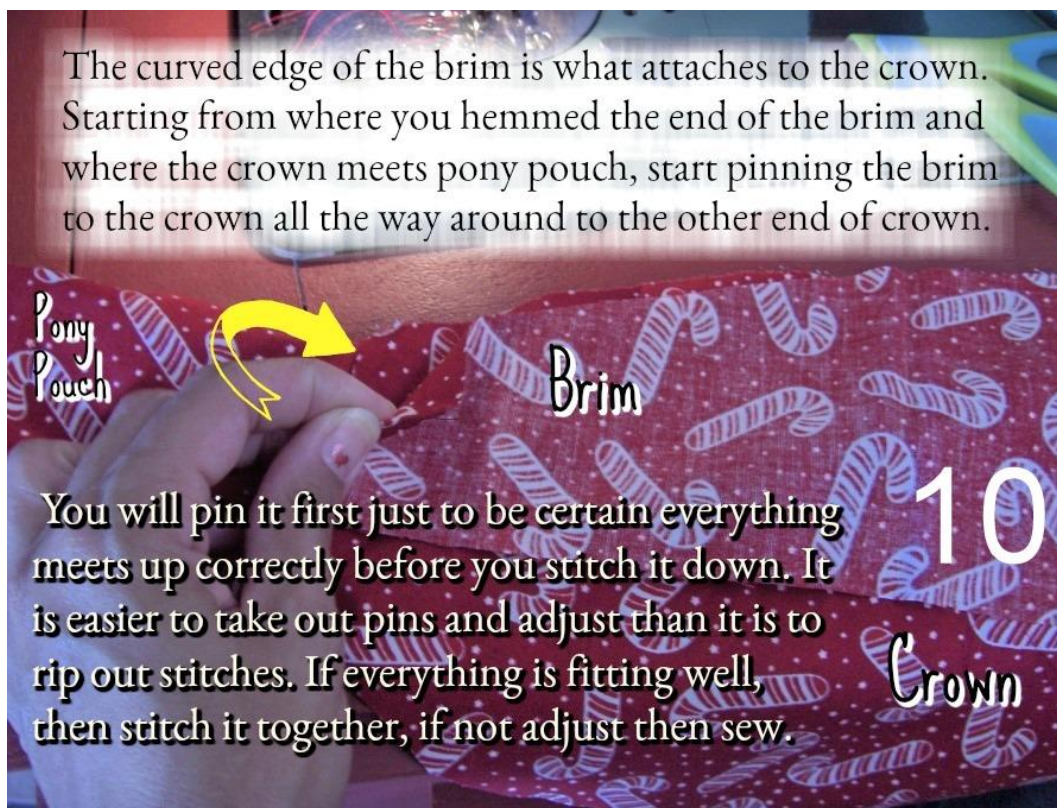
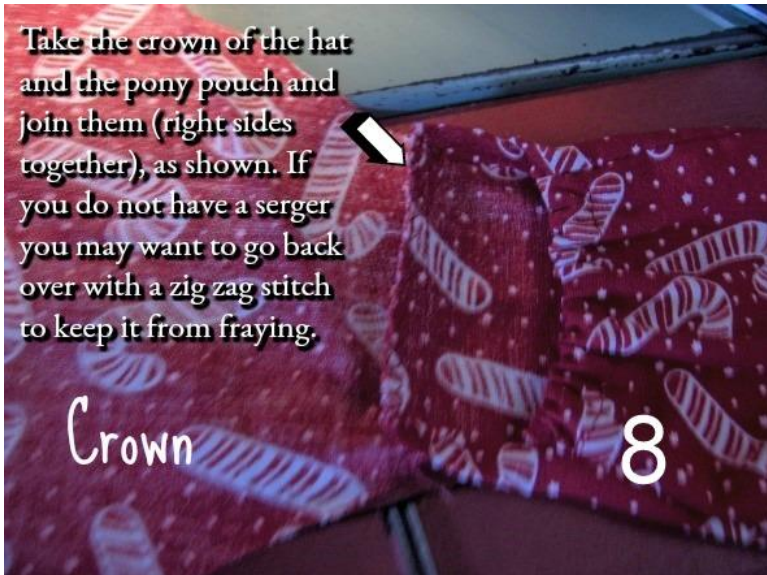
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- 1.) Pattern Pieces
- 2.) Cutting Layout
- 3.) Fabric Pieces
- 4.) Sew Pony Pouch Together
- 5.) Fold down top of pouch for elastic casing
- 6.) Insert elastic in pouch casing
- 7.) Hem top sides of pouch



Now you will turn your pouch inside out and hem the edges on each side so they will not fray

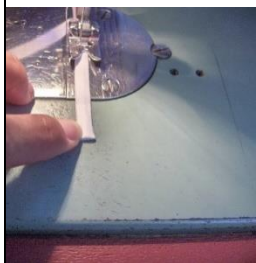
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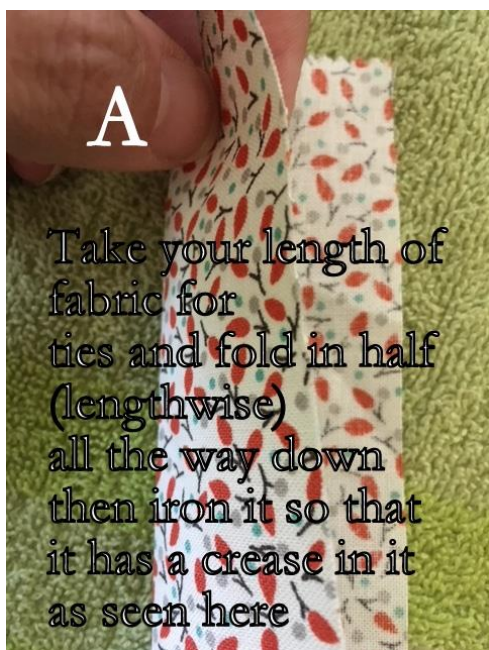
- 8.) Attach crown to pouch
- 9.) Hem the ends of brim piece
- 10.) Attach Brim to crown
- 11. & 12.) Attach Double fold bias tape around straight edge of hat brim, leaving 16-18 inches on each end
- For hat ties.
- 13.) Finished Pony Hat



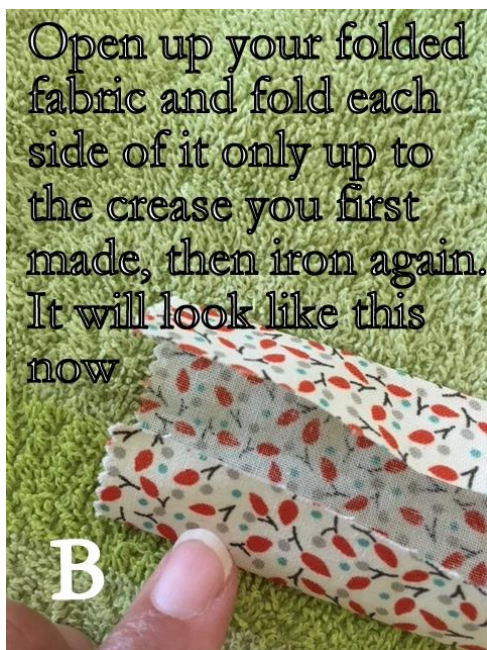
Sew just along the edge of the bias tape all the way around to attach it to the hat brim. Be sure you are sewing with the lower edge of the bias tape towards you always. This ensures that you catch all of it on the backside. When finished, go back and sew all the way down to the end of the ties, folding under a small amount at the end of ties for a finished look. You can see this in the next small photo.



Your hat should look basically like this now. In this hat I used pinking shears on the edges.



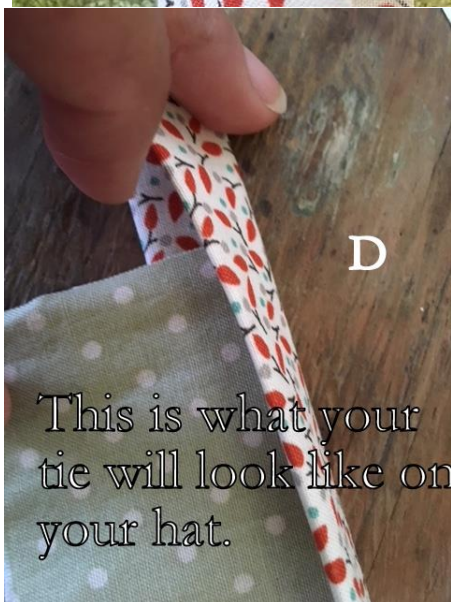
Take your length of fabric for ties and fold in half (lengthwise) all the way down then iron it so that it has a crease in it as seen here



Open up your folded fabric and fold each side of it only up to the crease you first made, then iron again. It will look like this now



Fold the whole thing in half again so that it looks like this and iron it. Now you are ready to use it for your hat trim and ties.



This is what your tie will look like on your hat.



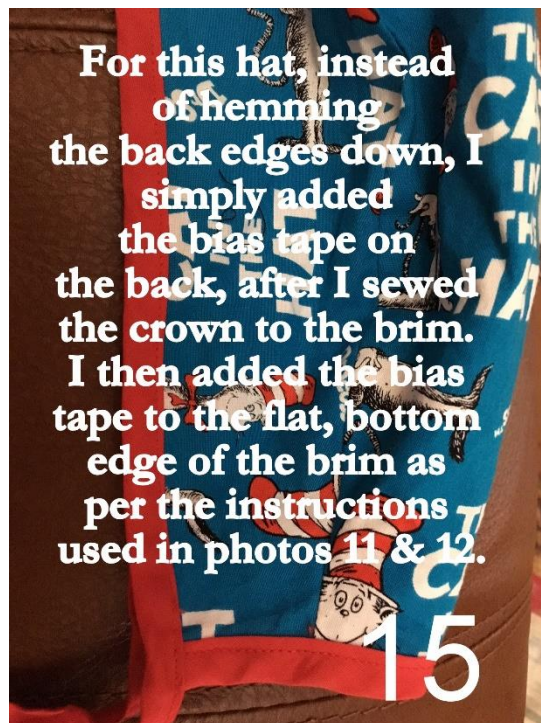
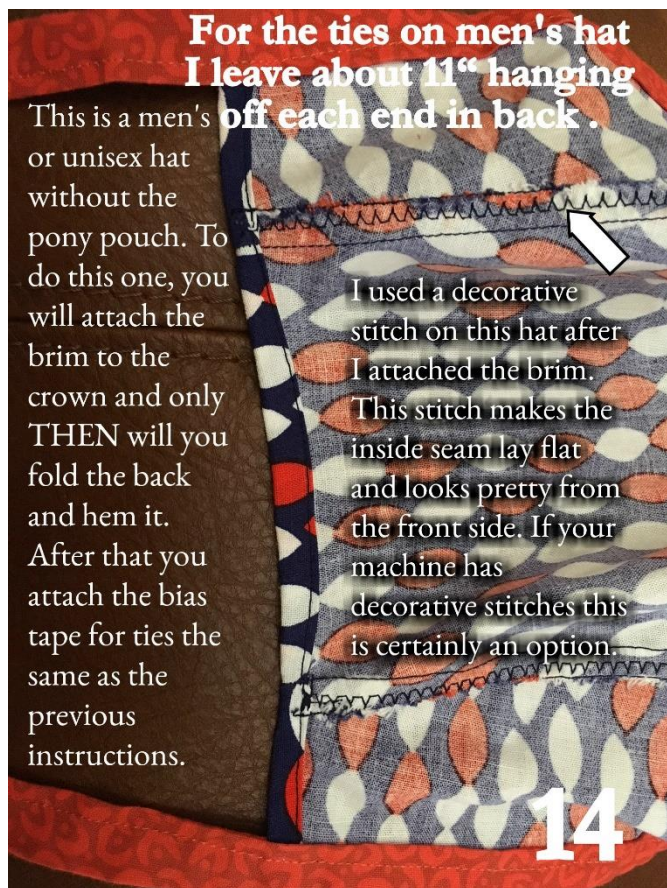
Now you just need to sew it on as per instructions in photo 11

Optional Ties Instruction

Instead of bias tape you can use a length of contrasting fabric for the ties. This is actually much cuter and that is what I use in the photo of the hat with orange ties.

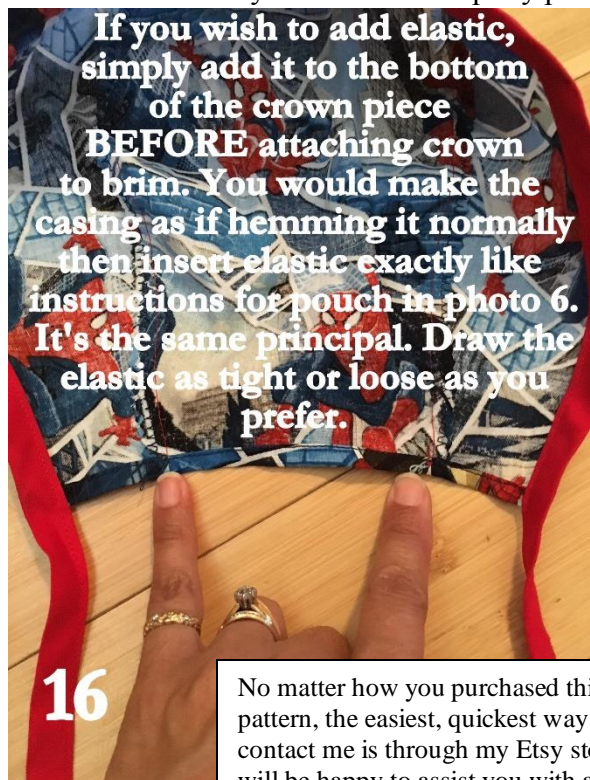
PONY TAIL TIES: cut a length of fabric 58" x 3"

MEN'S HAT TIES: Cut a length of fabric 44 1/2" x 3"



In photo 16 you can see where it is indicated that the optional elastic would go BEFORE attaching the crown onto the brim. Make the casing as you normally would. The insertion of the elastic is documented in photo 6 . It is the exact same

principal. Then after you've inserted elastic and stitched down each end of crown casing you would attach it to the brim as per instructions in photo 10. The ONLY difference is that you don't have a pony pouch hanging off the back end.



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Place bias tape along bottom edge for ties



This end above attaches to the bottom of small brim piece B
Tape end piece A to brim B before cutting pattern out of fabric.

This top curved edge will join with the crown

This hat if printed, cut out and sewn **CORRECTLY** WILL fit an average man's head.

If you need it larger, cut a bit outside the lines of the pattern. If you need it smaller, cut inside the lines of the pattern a bit. I suggest using scrap fabric when trying to alter the size, just to be safe.

Unisex and Ponytail Hat Brim Piece

A

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When you UNFOLD your fabric after cutting on the fold, you will have one long brim piece. Do NOT forget to attach piece A to B at the other end



Cut One on Fold of fabric



Brim End Piece
B

This attaches to
the top of brim
A



This box should measure 1" square, if it doesn't, adjust your printer settings

When joining pieces use 1/4" seam allowance

This box should
measure 1" square,
if it doesn't, adjust
your printer
settings

Men's AND Ponytail
Pouch Surgical Scrub
Hat TWO patterns in
one.

Surgical Scrub hat
Crown Piece
A Design By Angie
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Cut one on Fold of Fabric

If you have questions, the easiest and quickest way to
get your question answered is to send me a message
through my Etsy shop.
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This box should
measure 1" square,
if it doesn't, adjust
your printer
settings



hemline for casing on 1 piece

LONG HAIR POUCH
Cut 2 from fabric

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cut
here for
regular
size
pouch



Cut on
outside
line for
wider
pouch