

MEMBER SPOTLIGHT OF THE MONTH
Cyndi Ellsom



Cyndi Ellsom joined DWC in late 2023 as she was drawn to the sense of community and openness of the Evening Division members. She enjoys the diverse community service programs of the club. Originally from Buffalo, NY, she moved around a lot as a child and young adult, eventually settling in Atlanta in 1996. Cyndi had a robust career as an IT Executive with a focus on Portfolio and Program Management for various insurance companies in the area. She was lucky enough to meet her husband of nearly 16 years, Andrew, in 2005 when he was traveling from London, UK to work on a project in the US.

During that time, she found and fell in love with Yoga, receiving her 200-hour certification in 2015 and her 500-hour certification in 2022. Upon retiring from the corporate world, she turned her attention to her passion and teaches 5 to 6 yoga classes each week and is a Thai Yoga Bodywork practitioner.

Special thanks to Cyndi for sharing her knowledge about Yoga at the February 2024 Evening Meeting and conducting a chair Yoga session for the group.

When not indulging in her retirement gig, or reading, she enjoys traveling with Andrew, and spending time with their cat – Scaramouche.