



**Join us for the first annual
Shenango Valley Fitness Fest & Wellness Expo Aug. 11 at Buhl Park**

This inaugural Fitness Fest & Wellness Expo will be an interactive health fair that aims to connect the community with organizations and opportunities that offer ways to support and nurture a healthy lifestyle.

At this event, exhibitors will be on site to showcase their fitness offerings, health-related products and healthcare services. Try out fitness classes; get health screenings; eat delicious foods!

Presented by the Shenango Valley Chamber of Commerce and healthcare & fitness partners

**Yoga * Kayaking * Jiu Jitsu * Basketball * Aerobics * Zumba * Much More
Food Truck Rally provided by Buhl Park**

Date: Sunday, Aug. 11, 2019

Time: Noon – 4 PM

Location: Buhl Park Casino (Wellness Expo) and surrounding area (Fitness Fest)



**Sharon Regional
Medical Center**

A STEWARD FAMILY HOSPITAL



UPMC Horizon

For vendor information/sponsorships which can include putting on healthy food or fitness demonstrations, contact the Shenango Valley Chamber at info@Svchamber.com or 724.981.5880