

## Aug, Sept & Oct Workshops

**AUG  
14**

### Social Skills for Success

New Middle  
School Students  
9am - 12pm

**AUG  
14**

### Social Skills for Success

New High  
School Students  
1pm - 4pm

**AUG  
22**

### Back To School DIY

2<sup>nd</sup> - 5<sup>th</sup> Graders  
9am - 11am

**SEPT  
19**

### Calm, Cool, and Capable

1<sup>st</sup> - 3<sup>rd</sup> Grade  
Boys  
9am - 12pm

**SEPT  
19**

### I Am... I Can... I Will...

1<sup>st</sup> - 4<sup>th</sup> Grade  
Girls  
1pm - 4pm

**SEPT  
20**

### Frenemies 101

1<sup>st</sup> - 3<sup>rd</sup> Grade  
Girls  
1pm - 4pm

**OCT  
10**

### Frenemies 101

4<sup>th</sup> - 7<sup>th</sup> Grade  
Girls  
9am - 12pm

**OCT  
10**

### Beauty Inside & Out

5<sup>th</sup> - 8<sup>th</sup> Grade  
Girls  
1pm - 4pm

A non-profit organization focused  
on strengthening youth resiliency  
through programs created by a  
licensed mental health therapist.