



Southern Finger
Lakes Region

Heart Health Month

Celebrate Heart Health Month
with SNAP Ed NY Nutrition
Educators to learn ways to have a
healthy and thriving heart! Learn
how to make a heart healthy
recipe! Free class.

Where: Zoom

When: Friday, February 9th, 2024

Time: 12:00 PM-1:00PM

Contact Amy at (607)664-2570 or email
ach279@cornell.edu to register!

Contact in advance if
modifications are needed.

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