

## PROFESSIONAL INSTRUCTOR STAFF

Melanie Bolhuis	Danielle Brogley
Yuri Chesnichenko	Sarah Compton
Jason Deveikis	Erin Donovan
Nicole Falardeau	Karolym Flaherty
Brandon Forsyth	Lia Forsyth
Lindsay Grajek	Katharine Greene
Marisa Hutchinson	Mary Johanson
Melissa Keil	Heather Leszczynski
Meredith Longoria	Alison Maki
Yasa Nechaeva	Bradley Newman
Veronica Pershina	Steven Pottenger
Kendra Pottenger	Kippy Pritula
Robynne Tweedale	Michael Valdez

## JUNIOR INSTRUCTOR STAFF

Connie Achtenberg	Emily Buckeridge
Mira Kaufman	MV Shook

## LEARN-TO-SKATE INSTRUCTORS

Lillie Ammons	Abbey Biehl
Jenna Blackburn	Isabella Brent
Elizabeth Casey	Krista DeWeese
Emily Dahiron	Daniel Eaton
Cyndi Edelman	Catherine Garber
Kieran Heung	Sonja Konzen
Vanessa Martinez	Melissa Murray
Hailey Nace	Hannah Park
Emma Pomeranz	Imani Rickerby
Chloe Roslin	Emily Scott
Max Shpilband	Rachel Skof
Annie Wang	Chelsea White
Caroline Zubieta	

## APPRENTICE VOLUNTEER INSTRUCTORS

Rebecka Hakansson	Evie Lemm
Selina Lin	Claire Moran
Salome Mouliere	Riley Nettle
Anna Nicklas	Celia Schroeder
Emma Spiess	Catherine Sukpraphrute
Sarah Tuzinowski	Carly Wholian
Sophia Wright	Ema Zagajac
Eliot Ziolek	

### Learn to Skate Coordinator

Mary Johanson: 734-660-4442  
[coachmaryjohanson@gmail.com](mailto:coachmaryjohanson@gmail.com)

### Learn to Skate Assistant Coordinator

Tracy Lamb: [t.lamb@lambemail.com](mailto:t.lamb@lambemail.com)



Endorsed by:



## WINTER 2020

January 7<sup>th</sup> through February 29<sup>th</sup>, 2020

Register online at  
[www.annarborfsc.org](http://www.annarborfsc.org)



Located in the Ann Arbor Ice Cube

2121 Oak Valley Dr.  
Ann Arbor, MI 48103  
Office Phone: 734-213-6768  
Email: [aafsc@annarborfsc.org](mailto:aafsc@annarborfsc.org)

## **Frequently Asked Questions & Policies**

### **AAFSC Refund and Credit Policy**

- There will be **no refunds** issued for Learn to Skate classes.
- If a skater drops the class within 14 days of the start of the regular scheduled session, a credit will be issued to the skater's account. After 14 days, a class can be dropped only for medical reasons with a doctor's note. All credits will be prorated from the date the class is dropped.
- Please see the AAFSC office staff if you wish to drop a Learn to Skate class.

### **Discounts**

- Discounts are available ONLY on Learn to Skate, Adult LTS, Advanced Adult and Shooting Stars. There are NO discounts on Ice Dudes, Adaptive Skating, Competition Club, and LTS Synchro.
- Receive a **\$20 discount** per skater if you register for Winter LTS by Tuesday, December 31<sup>st</sup> on select LTS classes.
- Persons signing up for TWO Learn to Skate sessions per week will receive **50% off** the lower priced session.

### **Minimum age requirements**

- The minimum age for the Learn to Skate program is 3 years old.
- The Beginning Hockey class is designed for skaters ages 3 through 6.
- Adults (18+) interested in Learn to Skate should choose Adult Learn to Skate in the course selection drop down. Please see our Adult Brochure for session details.

### **Equipment**

- Rental skates and helmets are available for all classes at no extra charge. Feel free to bring your own bike, hockey, or all-sports helmet to class.
- Helmets are required for all Snowplow levels as well as for Basic 1 skaters. Helmets are highly recommended for all other levels.
- Warm clothing should be worn in layers to allow for ease of motion. Refrain from wearing restrictive or bulky clothing. A light pair of gloves is highly recommended.

### **Evaluations**

- All skaters will be continuously evaluated each week. If at any time you believe your child is in the wrong class, please contact their instructor or the Learn-To-Skate Coordinator, Mary Johanson. A formal evaluation will be completed at the end of the session.

### **Missed Lessons**

- A missed lesson may be made up on another day; however, classes cannot be made up during the first two weeks of a session or the last week of a session. Make-up classes are not available for Adaptive, Beginning Hockey, LTS Synchro, Competition Club, Ice Dudes, or Shooting Stars.

### **Membership**

- You must be an Ann Arbor Figure Skating Club Learn to Skate Member to participate in our classes. **Membership is \$35.00** annually and runs July 1<sup>st</sup>, 2019 to June 30<sup>th</sup>, 2020.

## **Interested in private lessons?**

The Ann Arbor Figure Skating Club is offering the opportunity for our Learn to Skate skaters to take private lessons. These lessons are offered to give the student "one-on-one" instruction to improve their Basic Skills. As students progress through the Basic Skills, often the levels become more difficult and skaters may benefit from extra lessons and ice time. LTS skaters are permitted to take lessons on AAFSC Club ice once per week.

### **Basic Information:**

- Private lessons allow for more rapid progress through personalized training and individual attention.
- While enrolled in a Learn to Skate class, students are permitted one private lesson per week on regular club ice without upgrading membership status.
- Students pay the instructor directly for lessons and pay the AAFSC for ice time.
- Lessons may be 15-30 minutes in length depending on scheduling and skater needs.
- Private lessons require a commitment from the student, coach, and parent.
- Once you have your lesson day and time, make sure to communicate directly with your coach on any needed changes
- All coaches have their own policies regarding rates, late arrival, and missed lessons

For more information or to arrange a private lesson, please contact the Learn to Skate Coordinator, Mary Johanson, by email at [coachmaryjohanson@gmail.com](mailto:coachmaryjohanson@gmail.com)

# Adaptive Skating

(Formerly known as Therapeutic Skating)

AAFSC, a non-profit organization, is proud to offer an adaptive skating class for young people with special needs. This program, developed by US Figure Skating, has been proven to improve fitness, strength, balance, flexibility, socialization, and self-esteem.

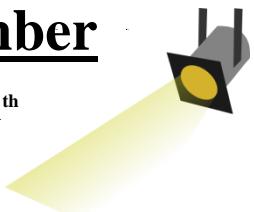
**Saturdays: 9:15 am - 10:05 am**

Jan 11 – Feb 29      8 classes -\$80.00  
January 11, 18, 25 – February 1, 8, 15, 22, 29

\*Please Note- Discounts do not apply to Adaptive Skating classes



## Dates to Remember



**Sunday, January 5<sup>th</sup> – Saturday, January 11<sup>th</sup>**

First week of Winter 2020 Classes

**Sunday, January 12<sup>th</sup> at 1:15 pm**

Special Olympics Send-Off Exhibition  
Hockettes Midwestern Sectionals Send-Off Exhibition  
(A National Skating Month Event)

**Sunday, February 9<sup>th</sup>**

No Shooting Stars due to MI High School Competition

**Sunday, March 1<sup>st</sup> at 1:15 pm**

Annual Adults Skate Too Exhibition

**Friday, March 13<sup>th</sup> at 7:00 pm**

78<sup>th</sup> Annual Melody on Ice

**Saturday, March 14<sup>th</sup> at 2:00 pm and 7:00 pm**

78<sup>th</sup> Annual Melody on Ice



**ATTENTION:** You must be an Ann Arbor Figure Skating Club Learn to Skate Member to participate in our classes. **Membership is \$35.00** annually and runs July 1<sup>st</sup>, 2019 to June 30<sup>th</sup>, 2020.

\*Be sure to check out our DISCOUNTS on our Policies page\*

**REGISTER ONLINE at [www.annarborfsc.org](http://www.annarborfsc.org)**

# Beginning Hockey

This class is play oriented, covering introductory skating and basic hockey skills for ages 3-6. Skaters are to have passed **Snowplow Sam 3** or **Basic 1** prior to enrolling in this class. The student will be working on hockey badges 1-4, which consist of proper stance, swizzles, snowplow stops, backward skating, crossovers, and mohawks. Hockey instruction will incorporate carrying, shooting, and passing. **Ages 3-6**

Equipment recommended for beginner hockey class:

- Hockey helmet with mask
- Hockey stick
- Elbow pads
- Knee pads



**Tuesdays: 6:15 pm - 7:05 pm**

Jan 7 – Feb 25      8 classes -\$140.00  
January 7, 14, 21, 28 – February 4, 11, 18, 25

## Competition & Performance Club



This group class is designed to train and prepare Learn to Skate students for participation in the Michigan Basic Skills Series and other performance opportunities throughout the year. Registration is open to all AAFSC Learn to Skate students, regardless of age or level.

Sundays 1:15 pm – 2:05 pm  
Wednesdays 6:05 pm – 6:35 pm

Session #1 begins January 5<sup>th</sup> & January 8<sup>th</sup>  
See Competition & Performance Club Brochure for more information.  
Session dates vary and do not align with Learn to Skate.

\*Please Note- Discounts do not apply to Competition & Performance Club

## Thursday Tots (Ages 3-6)

This class is designed for young skaters who are either new to skating or progressing through the Snowplow Sam curriculum. Our staff is committed to bringing fun to the ice and encouraging kids to try new skills. The Thursday Tots class is conveniently scheduled during the school day to provide our youngest skaters with a time that fits their needs.

**Thursdays: 9:30 am - 10:00 am or 10:00 am – 10:30 am**

Jan 9 – Feb 27      8 classes -\$80.00  
January 9, 16, 23, 30 – February 6, 13, 20, 27

## Learn to Skate

The Ann Arbor Figure Skating Club's classes follow the curriculum developed by Learn to Skate USA and is divided according to age and ability. To ensure the best quality, all of our instructors are experienced in the test and competitive structure and are current members of US Figure Skating and certified by Learn to Skate USA. Priority is placed on giving individual attention within the group environment so the skater can feel comfortable and progress to their maximum potential.

### Tuesdays: 6:15 pm - 7:05 pm

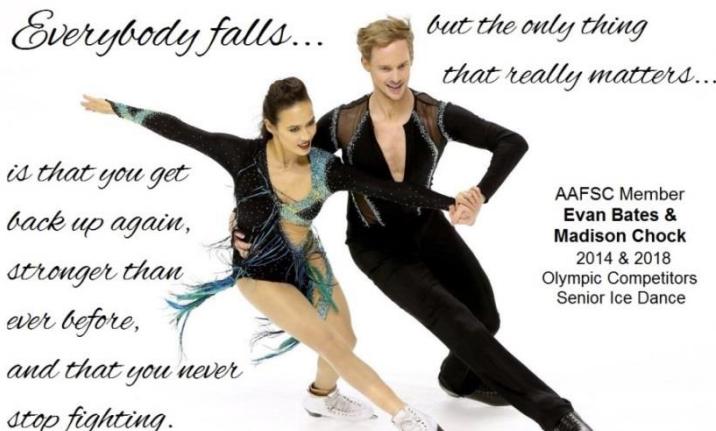
Jan 7 – Feb 25      8 classes -\$140.00  
January 7, 14, 21, 28 – February 4, 11, 18, 25

### Thursdays: 6:15 pm - 7:05 pm

Jan 9 – Feb 27      8 classes -\$140.00  
January 9, 16, 23, 30 – February 6, 13, 20, 27

### Saturdays: 10:15 am - 11:05 am

Jan 11 – Feb 29      8 classes -\$140.00  
January 11, 18, 25 – February 1, 8, 15, 22, 29



## \*NEW\* Off Ice LTS Warm-Up

New this session, all Basic 4 and above skaters are invited to join in on a fun off ice warm up before class. This free, 5 minute dynamic warm up will prepare skaters to perform their best during class. The group will meet by the middle doors inside the Olympic Rink on Tuesdays and Thursdays at 6:05 and Saturdays at 10:05. Students are asked to wear tennis shoes.

## Melody on Ice (Mar. 13 & 14)

Registration Fee: \$20- Includes Costume, 3 Rehearsals & 3 Shows

Open to all LTS students enrolled in the Winter Session

Melody on Ice is like a dance recital, but on ice!

Don't miss your chance to skate with this year's special guest, 2011 U.S. National Champion, Ryan Bradley.

## LTS Synchro

*(Formerly known as Introductory Hockettes)*

This team is designed for skaters to have the opportunity to try skating with their friends in a team setting and to learn the values of teamwork, discipline and confidence. Skaters **must have passed Basic Skills 2** and be enrolled in Basic 3 or above to skate on the team. For the Winter Session, LTS Synchro will be held on the same ice surface as the Unified Team.

### Saturdays: 11:15 am - 12:05 pm

Jan 11 – Feb 29      8 classes - \$200.00  
January 11, 18, 25 – February 1, 8, 15, 22, 29



*\*Please Note- Discounts do not apply to LTS Synchro*

## Shooting Stars

This group class is for skaters who have passed Basic 6 and are working on Pre-Freestyle through Freestyle 6. Skaters will focus on technique, skill building, jumps, spins, and extensions.

### Sundays: 2:15 pm to 3:35 pm

Jan 5 – Mar 8      7 classes - \$195.00  
January 5, 19, 26 – February 2, 16, 23 – March 8



*\*\*No classes Sunday, January 12<sup>th</sup>, February 9<sup>th</sup>, or March 1<sup>st</sup>*