

## PROFESSIONAL INSTRUCTOR STAFF

Melanie Bolhuis	Yuri Chesnichenko
Sarah Compton	Jason Deveikis
Erin Donovan	Nicole Falardeau
Brandon Forsyth	Lia Forsyth
Lindsay Grajek	Katharine Greene
Marisa Hutchinson	Mary Johanson
Melissa Keil	Heather Leszczynski
Meredith Longoria	Alison Maki
Yasa Nechaeva	Bradley Newman
Veronica Pershina	Steven Pottenger
Kippy Pritula	

## JUNIOR INSTRUCTOR STAFF

Connie Achtenberg	Emily Buckeridge
Mira Kaufman	MV Shook
Michael Valdez	

## LEARN-TO-SKATE INSTRUCTORS

Abbey Biehl	Jenna Blackburn
Elizabeth Casey	Krista DeWeese
Emily Dahuuron	Cyndi Edelman
Graham Emberton	Catherine Garber
Kieran Heung	Sonja Konzen
Vanessa Martinez	Melissa Murray
Hailey Nace	Hannah Park
Kaitlin Prakken	Chloe Roslin
Emily Scott	Max Shpilband
Rachel Sokolov	Annie Wang
Chelsea White	Caroline Zubieta

## APPRENTICE VOLUNTEER INSTRUCTORS

Rebecka Hakansson	Evie Lemm
Selina Lin	Claire Moran
Salome Mouliere	Riley Nettle
Anna Nicklas	Celia Schroeder
Mira Schwarz	Emma Spiess
Catherine Sukpraphrute	Sarah Tuzinowski
Carly Wholihan	Sophia Wright
Ema Zagajac	Eliot Ziolek

### Learn to Skate Coordinator

Mary Johanson: 734-660-4442  
[coachmaryjohanson@gmail.com](mailto:coachmaryjohanson@gmail.com)

### Learn to Skate Assistant Coordinator

Tracy Lamb: [t.lamb@lambemail.com](mailto:t.lamb@lambemail.com)



Endorsed by:



U.S. SPEED SKATING

## FALL I 2019

September 3<sup>rd</sup> through October 19<sup>th</sup>

## FALL II 2019

October 22<sup>nd</sup> through December 12<sup>th</sup>

*\*Registration in Fall I is not required to participate in Fall II\**

Register online at  
[www.annarborfsc.org](http://www.annarborfsc.org)



Located in the Ann Arbor Ice Cube

2121 Oak Valley Dr.

Ann Arbor, MI 48103

Office Phone: 734-213-6768

Email: [aafsc@annarborfsc.org](mailto:aafsc@annarborfsc.org)

## **Frequently Asked Questions & Policies**

### **AAFSC Refund and Credit Policy**

- There will be **no refunds** issued for Learn to Skate classes.
- If a skater drops the class within 14 days of the start of the regular scheduled session, a credit will be issued to the skater's account. After 14 days, a class can be dropped only for medical reasons with a doctor's note. All credits will be prorated from the date the class is dropped.
- Please see the AAFSC office staff if you wish to drop a Learn to Skate class.

### **Discounts**

- Discounts are available ONLY on Learn to Skate, Adult LTS, Advanced Adult and Shooting Stars. There are NO discounts on Adaptive Skating, Competition Club, and LTS Synchro.
- Receive a **\$40 discount** per skater if you register for **both** Fall I and Fall II by Tuesday, August 27<sup>th</sup> on select LTS classes.
- Receive a **\$20 discount** if you register for Fall I or Fall II by Tuesday, August 27<sup>th</sup> on select LTS classes- only one Early Registration Discount per student per session.
- Persons signing up for TWO Learn to Skate sessions a week will get **50% off** the lower priced session.

### **Minimum age requirements**

- The minimum age for the Learn to Skate program is 3 years old.
- The Beginning Hockey class is designed for skaters ages 3 through 6.
- Adults (18+) interested in Learn to Skate should choose Adult Learn to Skate in the course selection drop down. Please see our Adult Brochure for session details.

### **Equipment**

- Rental skates and helmets are available for all classes at no extra charge. Feel free to bring your own bike, hockey, or all-sports helmet to class.
- Helmets are required for all Snowplow levels as well as for Basic 1 skaters. Helmets are highly recommended for all other levels.
- Warm clothing should be worn in layers to allow for ease of motion. Refrain from wearing restrictive or bulky clothing. A light pair of gloves is highly recommended.

### **Evaluations**

- All skaters will be continuously evaluated each week. If at any time you believe your child is in the wrong class, please contact their instructor or the Learn-To-Skate Coordinator, Mary Johanson. A formal evaluation will be completed at the end of the session.

### **Missed Lessons**

- A missed lesson may be made up on another day; however, classes cannot be made up during the first two weeks of a session or the last week of a session. Make-up classes are not available for Adaptive, Beginning Hockey, LTS Synchro, Competition Club, or Shooting Stars.

### **Membership**

- You must be an Ann Arbor Figure Skating Club Learn to Skate Member to participate in our classes. **Membership is \$35.00** annually and runs July 1<sup>st</sup>, 2019 to June 30<sup>th</sup>, 2020. Registration in Fall I is not required to participate in Fall II.

## **Interested in private lessons?**

The Ann Arbor Figure Skating Club is offering the opportunity for our Learn to Skate skaters to take private lessons. These lessons are offered to give the student "one-on-one" instruction to improve their Basic Skills. As students progress through the Basic Skills, often the levels become more difficult and skaters may benefit from extra lessons and ice time. LTS skaters are permitted to take lessons on AAFSC Club ice once per week.

### **Basic Information:**

- Private lessons allow for more rapid progress through personalized training and individual attention.
- While enrolled in a Learn to Skate class, students are permitted one private lesson per week on regular club ice without upgrading membership status.
- Students pay the instructor directly for lessons and pay the AAFSC for ice time.
- Lessons may be 15-30 minutes in length depending on scheduling and skater needs.
- Private lessons require a commitment from the student, coach, and parent.
- Once you have your lesson day and time, make sure to communicate directly with your coach on any needed changes
- All coaches have their own policies regarding rates, late arrival, and missed lessons

For more information or to arrange a private lesson, please contact the Learn to Skate Coordinator, Mary Johanson, by email at [coachmaryjohanson@gmail.com](mailto:coachmaryjohanson@gmail.com)

# Adaptive Skating

*(Formerly known as Therapeutic Skating)*

AAFSC, a non-profit organization, is proud to offer an adaptive skating class for young people with special needs. This program, developed by US Figure Skating, has been proven to improve fitness, strength, balance, flexibility, socialization, and self-esteem.

**Saturdays: 9:15 am - 10:05 am**

Fall I: Sept 7 – Oct 19 7 sessions - \$70.00  
September 7, 14, 21, 28 – October 5, 12, 19

Fall II: Oct 26 – Nov 23 5 sessions- \$50.00  
October 26 – November 2, 9, 16, 23

*\*Please Note- Discounts do not apply to Adaptive Skating classes*

*\*Registration in Fall I is not required to participate in Fall II\**



## Dates to Remember

**Tuesday, September 3<sup>rd</sup> – Sunday, September 8<sup>th</sup>**

First week of Fall I Classes

**Saturday, September 21<sup>st</sup>**

Ann Arbor FSC Adult Open- Join us for our first annual Adult Open as part of the Adult Competition Series! To learn more information and to register online please visit <https://www.annarborfsc.org/Schedules/AdultOpen.aspx>

**Sunday, October 13<sup>th</sup> – Saturday, October 19<sup>th</sup>**

Last week of Fall I Classes

**Sunday, October 20<sup>th</sup> – Saturday, October 26<sup>th</sup>**

First week of Fall II Classes

**Saturday, October 26<sup>th</sup> – Sunday, October 27<sup>th</sup>**

Ryan Bradley Training Clinics- more info to follow!

**Thursday, October 31<sup>st</sup>**

Trick or Treat with us during your LTS class!

**Tuesday, November 26<sup>th</sup> – Saturday, November 30th**

No Classes due to Thanksgiving Holiday

**Saturday, December 7th**

No Classes due to Dr. Porter Synchronized Skating Classic

**Tuesday, December 10<sup>th</sup> – Saturday, December 14<sup>th</sup>**

Last week of Fall II Classes

**Sunday, December 15th**

AAFSC Holiday Exhibition



# Beginning Hockey

This class is play oriented, covering introductory skating and basic hockey skills for ages 3-6. Skaters are to have passed **Snowplow Sam 3** or **Basic 1** prior to enrolling in this class. The student will be working on hockey badges 1-4, which consist of proper stance, swizzles, snowplow stops, backward skating, crossovers, and mohawks. Hockey instruction will incorporate carrying, shooting, and passing. **Ages 3-6**

Equipment recommended for beginner hockey class:

- Hockey helmet with mask
- Hockey stick
- Elbow pads
- Knee pads



**Tuesdays: 6:15 pm - 7:05 pm**

Fall I: Sept 3 – Oct 15 7 sessions -\$125.00  
September 3, 10, 17, 24 – October 1, 8, 15

Fall II: Oct 22 – Dec 10 7 sessions -\$125.00  
October 22, 29 – November 5, 12, 19 – December 3, 10

*\*No Class on November 26\**

*\*Registration in Fall I is not required to participate in Fall II\**

## Competition & Performance Club

This group class is designed to train and prepare Learn to Skate students for participation in the Michigan Basic Skills Series and other performance opportunities throughout the year. Registration open to all AAFSC Learn to Skate students, regardless of age or level.



Sundays 1:15 pm – 2:05 pm  
Wednesdays 6:05 pm – 6:35 pm

Session #5 begins September 4<sup>th</sup> and September 8<sup>th</sup>  
See Competition & Performance Club Brochure for more information  
Session dates vary and do not align with Learn to Skate.

# Learn to Skate

The Ann Arbor Figure Skating Club's classes follow the curriculum developed by Learn to Skate USA and is divided according to age and ability. To ensure the best quality, all of our instructors are experienced in the test and competitive structure and are current members of US Figure Skating and certified by Learn To Skate USA. Priority is placed on giving individual attention within the group environment so the skater can feel comfortable and progress to their maximum potential.

\*Registration in Fall I is *not required* to participate in Fall II\*

## Tuesdays: 6:15 pm - 7:05 pm

Fall I: Sept 3 – Oct 15 7 sessions -\$125.00  
September 3, 10, 17, 24 – October 1, 8, 15

Fall II: Oct 22 – Dec 10 7 sessions -\$125.00  
October 22, 29 – November 5, 12, 19 – December 3, 10  
\*No Class on November 26\*

## Thursdays: 6:15 pm - 7:05 pm

Fall I: Sept 5 – Oct 17 7 sessions -\$125.00  
September 5, 12, 19, 26 – October 3, 10, 17

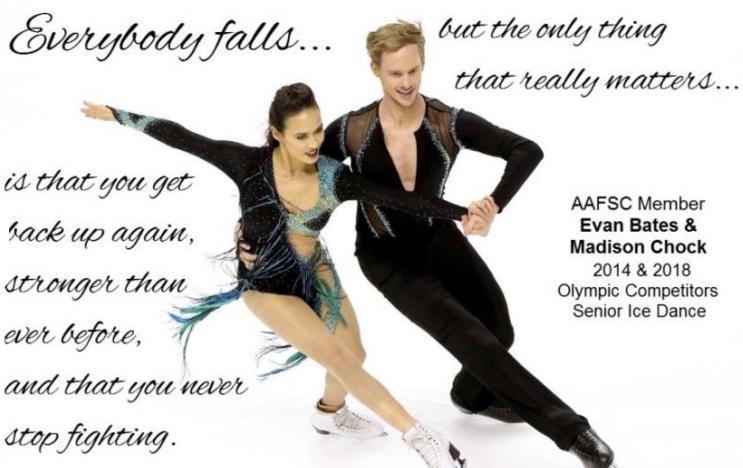
Fall II: Oct 24 – Dec 12 7 sessions -\$125.00  
October 24, 31 – November 7, 14, 21 – December 5, 12  
\*No Class on November 28\*



## Saturdays: 10:15 am - 11:05 am

Fall I: Sept 7 – Oct 19 7 sessions -\$125.00  
September 7, 14, 21, 28 – October 5, 12, 19

Fall II: Oct 26 – Nov 23 5 sessions -\$95.00  
October 26 – November 2, 9, 16, 23



**ATTENTION:** You must be an Ann Arbor Figure Skating Club Learn to Skate Member to participate in our classes. **Membership is \$35.00** annually and runs July 1<sup>st</sup>, 2019 to June 30<sup>th</sup>, 2020.

\*Be sure to check out our DISCOUNTS on our Policies page\*

**REGISTER ONLINE at [www.annarborfsc.org](http://www.annarborfsc.org)**

## LTS Synchro

*(Formerly known as Introductory Hockettes)*

This team is designed for skaters to have the opportunity to try skating with their friends in a team setting and to learn the values of teamwork, discipline and confidence. Skaters **must have passed Basic Skills 2** and be enrolled in Basic 3 or above to skate on the team. For the Fall Session, LTS Synchro will be held on the same ice surface as the Unified Team.

## Saturdays: 11:15 am - 12:05 pm

Fall I: Sept 7 - Oct 19 7 sessions - \$175  
September 7, 14, 21, 28 – October 5, 12, 19

Fall II: Oct 26 - Dec 14 6 sessions - \$150  
October 26 – November 2, 9, 16, 23 – December 14  
\*No Class on November 30 and December 7\*



*\*Please Note- Discounts do not apply to LTS Synchro*

*\*Registration in Fall I is *not required* to participate in Fall II\**

## Shooting Stars

This group class is for skaters who have passed Basic 6 and are working on Pre-Freestyle through Freestyle 6. Skaters will focus on technique, skill building, jumps, spins, and extensions.



## Sundays: 2:15 pm to 3:35 pm

Fall I: Sept 8 - Oct 13 6 sessions - \$170  
September 8, 15, 22, 29 – October 6, 13

Fall II: Oct 20 - Dec 1 7 sessions - \$210  
October 20, 27 – November 3, 10, 17, 24 – December 1

*Sunday, October 27- Special Training Event with Ryan Bradley*

*\*Registration in Fall I is *not required* to participate in Fall II\**