



## St. Gregory's 101

or

*"Everything I know about church I learned at St. Gregory's"*

Every First Sunday at St. Gregory's, we take a break from our regular schedule of education offerings and enjoy an extended coffee hour. Beginning this Sunday, December 1, we're inviting people to grab a plate of food and a warm beverage and meet in the Fabian Room for a conversation about St. Gregory's history, practice, and relationship to the Episcopal Church. This is an opportunity for people who are relatively new in the congregation to find out more about our life together and ask any questions you have — our rector, Paul Fromberg, host St. Gregory's 101. There's no need to RSVP, and each time we meet, it will be slightly different — so come and see a new way of loving God and each other in church.

### St. Gregory of Nyssa Episcopal Church

500 De Haro Street  
San Francisco, CA 94107  
Office: 415-255-8100  
[www.saintgregorys.org](http://www.saintgregorys.org)  
Email: [office@saintgregorys.org](mailto:office@saintgregorys.org)