

# Agapé Prayers for Meals

*All gather at the dining table.*

*As candles are lit, everyone may sing this song.*

Canon I



The Lord is my light, my light and sal-va-tion: in God I trust, in God I trust.

Secondary canon I



The Lord is my light, my light and sal-va-tion: in God I trust, in God I trust.

*When the candles are lit a member of the household says this prayer.*

O God, grant us your love,  
which never fails,  
let it burn in us  
and shed its light on those around us,  
and by its brightness  
may we see your Kingdom,  
and the true and never-failing Light,  
Jesus Christ our Lord. **Amen.**

*A Member of the household reads the Prophecy of Isaiah.*

On this mountain the Lord of hosts will make for all peoples  
a feast of rich food, a feast of well-matured wines,  
of rich food filled with marrow, of well-matured wines strained clear.  
And he will destroy on this mountain  
the shroud that is cast over all peoples,  
the sheet that is spread over all nations;  
he will swallow up death for ever.  
Then the Lord God will wipe away the tears from all faces,  
and the disgrace of his people he will take away from all the earth,  
for the Lord has spoken.  
It will be said on that day,  
Lo, this is our God; we have waited for him, so that he might save us.  
This is the Lord for whom we have waited;  
let us be glad and rejoice in his salvation.  
For the hand of the Lord will rest on this mountain.

Isaiah 25:6-10

*Using a bell or some other sound, time one minute of silence after the reading.*

*A member of the household asks people to share a word or phrase from the reading.*

*Everyone has the opportunity to share a word or phrase.*

*A member of the household leads the Psalm*

### **Psalm 24**

God owns this planet and all its riches.\*

    The earth and every creature belong to God.

God set the land on top of the seas\*

    and anchored it in the deep.

Who is fit to climb God's mountain\*

    and stand in his holy place?

Whoever has integrity:\*

    not chasing shadows, not living lies.

God will bless them, their savior will bring justice.\*

    They long to see the Lord, they seek the face of Jacob's God.

Stretch toward heaven, you gates, open high and wide.\*

    Let the glorious sovereign enter.

Who is this splendid ruler?\*

    The Lord of power and might, the conqueror of chaos.

Stretch toward heaven, you gates,\*

    open high and wide. Let the glorious sovereign enter.

Who is this splendid ruler? The Lord of heaven's might,\*

    this splendid ruler is the Lord our God.

*Then, these blessings are recited by members of the household.*

#### *Over wine or other beverages*

Blessed are you, O Lord our God, King of the universe. You create the fruit of the vine; and refresh us with the cup of salvation in the Blood of your Son Jesus Christ. Glory to you for ever and ever. **Amen.**

#### *Over bread*

Blessed are you, O Lord our God, King of the universe. You bring forth bread from the earth; and you have given us the bread of life in the Body of your Son Jesus Christ. As grain scattered upon the earth is gathered into one loaf, so gather your Church in every place into the kingdom of your Son. To you be glory and power for ever and ever. **Amen.**

#### *Over the rest of the food*

Blessed are you, O Lord our God, King of the universe. You have blessed the earth to bring forth food to satisfy our hunger. Let this food strengthen us, that following our Savior in the way of the cross, we may come to the joy of his resurrection. For yours is the kingdom and the power and the glory, now and forever. **Amen.**

*During the meal, share a conversation about the highs and lows of the day.*

*At the meal's conclusion, a member of the household offers the dismissal.*

*One Voice*      Let us bless the Lord.

*Many Voices*      **Thanks be to God.**