

September/October 2016

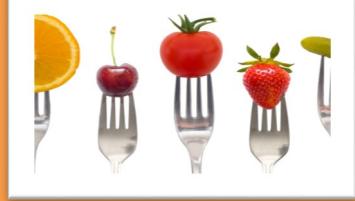
Volume 2, Issue 7

## Agreement Renewal



### Attention Partners With Agreements Expiring in October, November & December of 2016

Positive changes are coming that will go into effect January 2017! You will be hearing more on these changes over the next several months so please assure that we have your most updated email information. One of these changes is a unified Agreement date. To increase efficiency, our plan is to switch all agencies to one annual date, which will be January. This change will assure that partnerships and programs are properly documented. Please note that agencies with contracts expiring in October, November, and December of 2016 are grandfathered in and their current contracts will be extended to January 2017. Thank you for all that you do in our community and we look forward to hearing back from you soon.



**Nutrition Education:** Are you interested in hosting a **FREE** nutrition workshop at your agency?

St Mary's Food Bank can provide **free** nutrition workshops for your clients. Topics cover: sugar smarts, eating for a healthy heart, read the label, and more. Contact SMFBA Nutrition Services to learn more about workshop topics and schedule your workshop today!

**Phone:** 602-343-3143

**Email:**

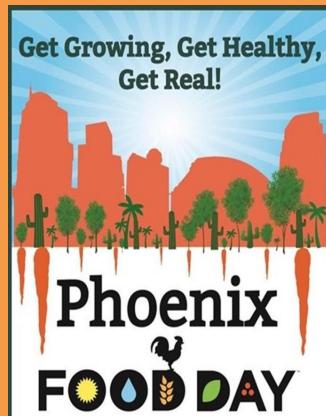
njnunez@firstfoodbank.org

## Do You Need More Food?

SMFBA has many relationships with National and Local retail stores to receive donations. We call this **Grocery Rescue!** There are three opportunities for your agency to participate in the SMFBA **Grocery Rescue** program, these are:

- Direct Delivery: Our retail drivers pick up from retailers and deliver directly to your agency.
- Grocery Rescue Pick-Up: You are assigned retail store(s) by SMFBA to pick-up from on a daily/weekly basis
- One Time Pick-Ups: SMFBA will call agencies on a rotating basis to when a donor calls and needs a one time pick-up

If your agency is interested in being considered to engage in our **Grocery Rescue** Program(s), please let us know by completing this survey: <https://www.surveymonkey.com/r/FN2NPHG>



This year's **Phoenix Food Day** will take place on Saturday, October 29th from 9-2pm. Join us at Eastlake Park and Pilgrim's Rest Church in Downtown Phoenix to meet with local exhibitors, visit fresh farmer's markets, and participate in cooking demos and fitness challenges. This event is free and all are welcome to attend! For more info on Phoenix Food Day visit <https://www.phoenix.gov/sustainability/foodday>.

## TANF Client Stories



Do you have any clients who received Cash Assistance (Temporary Assistance for Needy Families- **TANF**) and have been dropped from the program in the past 4 months? Are these clients interested in discussing how their family is managing without receiving Cash Assistance? If so, please reach out to **St Mary's Advocacy & Outreach Specialist David Martinez III** at [dxmartinez@firstfoodbank.org](mailto:dxmartinez@firstfoodbank.org) or 602.343.2554.

Client stories of those dropped from TANF will show the financial and human impact of Arizona's TANF policy. Client identity will be protected. Thank you for your participation.

Questions? Call us on the Agency Services Hotline at (480) 291-3237

## 2016 TEFAP/CSFP Training

This past August, we hosted out TEFAP and CSFP agencies for an informational meeting. Agencies were able to rotate to different informational sessions throughout the meeting that covered topics like Food Safety, TEFAP/CSFP programming, Nutrition, and Advocacy. There were also booths where agencies can share ways in which they help welcome clients. We want to share some of these ideas with you so that maybe you can develop them into your own practice:

- Greet clients with a smile and treat everyone with respect
- Welcome clients by name/try to remember names
- Offer privacy to clients who are new to the intake process or feel a bit embarrassed
- Thank clients for coming in
- If able, offer water for clients as they wait

Thank you to all of our agencies that attended the Phoenix and Flagstaff meeting and shared their stories with us!

## It's Apple Season!

You know Fall is here when you see the price of apples dropping. September/October is apple season and a great predictor of decreasing prices on apples. Apples are a natural source of vitamin C, fiber, polyphenols (important for wellness), and antioxidants. Here are a couple of September harvest apples that you could save money on this coming season:

- Gala- sweet with a crisp red-yellow flesh.
- Honey crisp- very sweet with a crisp and juicy taste similar to apple cider
- Red delicious- juicy with a red flesh, one of the more popular apple variety
- Fuji- sweet and round with a faint red, yellow flesh



## 2016 Holiday Turkey Update



We have an update that we would like to share with you to help you prepare for the 2016 holiday season. Some of you received notification earlier this year that we would have a limited supply of turkeys for sale for the holidays. We want to report that the limited supply we had available has been accounted for. There are no longer any turkeys available for sale. We apologize for any inconvenience that this may cause. We will still be distributing turkeys at our 2 locations (see below), so feel free to refer your clients to us starting November 21, 2016.

### St Mary's Food Bank Knight Center

3131 W Thomas Rd, Phoenix, AZ 85009

### St Mary's Food Bank Surprise

13050 W Elm St, Surprise, AZ 85378



## ALHAMBRA ELEMENTARY SCHOOL PANTRY

We would like to highlight our new school pantry at Alhambra Elementary Resource Center. Located in West Phoenix, the pantry services the students and families of the Alhambra School District. The Alhambra School District has an estimated 14,000 students, with 94% of students qualifying for free or reduced lunch. The district has a diverse population with 20% of families being non-English speakers and 37 different languages spoken in households. We want to thank the Alhambra District for their help in serving the community!