



Special Kids, Special Care

2020 Beginning Rhythms and Keys to Caregiving Programs

The ***Beginning Rhythms and Keys to Caregiving Programs*** focus on the foundations of early childhood development birth to three and strategies that support a positive parent-child relationship. *Beginning Rhythms* emphasizes the impact of maternal regulation on the child's development of self-regulation and social-emotional development during the early years of life. Both address the importance of sleep, the significance of early sleep/wake patterns strategies for addressing sleep concerns.

Keys to Caregiving explores early infant communication and the importance of helping parent's learning their child's language. *Keys to Caregiving* also looks at unique infant behaviors parents learn to recognize that guides them in their responsiveness to their child's needs. The importance of the feeding relationship "More than Just Eating" describes how the parent and the child each contribute to the parent-child relationship.

ADDITIONAL CONCEPTS:

- Building parent problem solving and decision making through strategies that support the parent-child relationship
- Unique needs of premature and medically complex infants and their families
- Daily routines – building a strong foundation for future development
- "Watchful wondering" – supporting parent knowledge, confidence, and responsiveness to their infants

Case studies and discussion highlight strategies that support the critical foundations of successful early infant feeding, development of infant sleep/wake cycles and regulation, and management of infant fussiness.

WHAT PARTICIPANTS SAY ABOUT THE PROGRAM

- ✓ I immediately used the information I gained in two different baby evaluations."
- "I was able to use the information with parents struggling to understand their baby's cues."
- ✓ "The course gave me great ideas to help moms understand their baby's communication."
- ✓ "This course has been helpful more than once this week in identifying sleep issues with 2 of my clients."
- ✓ "I appreciated the information about observing the feeding. I now have a systematic strategy to use. "
- ✓ "I was able to use the content with parents struggling to understand their baby's cues. "
- ✓ "I can see how I can use the Sleep Activity Record not just for sleep but for a lot of other issues parents have."

SECTION I *SUPPORTING EARLY FEEDING AND SLEEP ROUTINES*

Supporting the Parent-Child Relationship: Establishing Early Feeding and Sleep Routines

This class addresses all the Beginning Rhythms and Keys to Caregiving concepts above . **Audience:** Nurse home visitors and other home visitor staff, early interventionist, early childhood educators, therapist, social workers, dietitians, primary care providers, lactation consultants, and others who care for infants and young children in the home, hospital, clinic, or childcare setting.

June 18 & 19 2020 [Supporting Early Feeding and Sleep Routines Registration Link](#)

Participants will receive a "Certificate of Professional Development Education" for 12.0 clock hours after the training. Day 1: 9:30 am to 4:30 pm Day 2: 8:30 am – 4:30 pm

SECTION II *SUPPORTING PREMATURE AND MEDICALLY COMPLEX INFANTS AND THEIR FAMILIES*

Supporting Premature and Medically Complex Infants and Their Families builds on the ***Beginning Rhythms and Keys to Caregiving*** addresses the concepts in *Supporting the Parent-Child Relationship: Establishing Early Feeding and Sleep Routines* with a specific focus on the needs of premature and medically complex infants and their families. It also addresses the needs of families and children who experience increased social-emotional needs. Maternal emotional support and support of the parent-child relationships is critical in offering developmental guidance of all children, especially infants and young children, who are vulnerable due to health, developmental, and environmental concerns. **Audience:** Healthcare, early childhood, home visitors, and early intervention professionals who work with these infants and young children.

Participants will receive a "Certificate of Professional Development Education" for 13.0 clock hours after the training. Day 1: 8:30 am to 4:30 pm Day 2: 8:30 am – 4:30 pm

[**Supporting the Premature and Medically Fragile Complex Infants and Their Families Interest Link**](#)

SUPPORTING THE BREASTFEEDING DYAD - KEYS TO CAREGIVING RIGHT FROM THE START

Supporting the breastfeeding dyad either in the hospital or once at home, involves many challenges. Providing sensitive and culturally responsive support for mothers from all different backgrounds and cultures is essential for the lactation consultant and lactation educator. This program, based on *Beginning Rhythms and Keys to Caregiving*, provides strength-based strategies to support the breastfeeding dyad as well as the parent-infant relationship. Helping parents understand the wonders of their baby's behaviors, the importance of the sleep/wake cycle, the impact of the feeding relationship, and the significance of daily routines, and especially infant calming strategies, provides parents with the tools they need "right from the start."

[**Supporting the Breastfeeding Dyad - Keys to Caregiving Right from the Start**](#)

SUPPORTING THE BREASTFEEDING DYAD IN THE NICU -

Parents whose baby is in the NICU face many challenges, including sustaining their efforts to produce breastmilk for their baby months on end, and then learning to transition their baby to the breast, all while getting ready to be discharged. This program is designed for NICU discusses the importance of early infant neurodevelopment and maternal-infant regulation. Coaching parents as they learn about their baby's sleep patterns, understanding their baby's behaviors, and how their baby communicates builds parent confidence in meeting their baby's needs while in the NICU as well as once they are at home.

Special Kids, Special Care vision is that families will be connected, confident and comfortable in caring for their baby and have access to follow-up parent education and support from knowledgeable healthcare and early childhood professionals. For more information, please contact Barbara Deloian at specialcare@sk-sc.org

FACULTY – Please visit our website [**Special Kids, Special Care Faculty**](#)

CANCELLATION POLICY

Special Kids, Special Care, will be happy to provide a full refund up until two weeks before the first class. You may always transfer your registration to someone else as long as we receive a written notice with the name of the participant who will be attending. Within two weeks of the class, we will be happy to provide a 50% refund, including any materials ordered or offer a written credit to you for another Special Kids, Special Care education program within the next year. If there are inadequate registrations two weeks before the class, the class will be canceled, and all registration fees refunded.