MHDD Webinar

Addressing Mental Health & Wellness with Intellectual and Developmental Disabilities during Transition to Adulthood

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Tuesday, January 25, 2022
2:00-3:00 PM Eastern
Optional Q&A Session 3:00-3:30 PM

Webinar Description:
This presentation will focus on the assessment of mental health in youth who experience intellectual and developmental disabilities during the transition to adulthood years (12-26). The Lifespan Transition Clinic (LTC) at the Institute on Development & Disability (IDD) at Oregon Health and Science University provides assessment, recommendations, and collaboration with community partners for youth who experience intellectual and developmental disabilities. We will describe our methods, provide real-life experience with mental health concerns during transition years, and discuss access to needed services.

Learning Objectives:
After the completion of the webinar, participants will be able to:
1. Understand the purpose of addressing mental health for youth with intellectual and developmental disabilities during transition to adulthood
2. Gain an appreciation of participation in occupation as part of mental health and wellness
3. Consider the importance of development when addressing mental health in clients with intellectual and developmental disabilities
4. Hear from youth and young adults regarding their experience with mental health and wellness during transition to adulthood

CEU's:
Association of Social Work Boards
KY Board of Social Work*
KY Psychology Board of Examiners*
KY Board of Nursing*
*Please check your state chapter for CEU reciprocity.


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