



# Research Study About Native Elder Mobility

## What are we asking for?

- We want your input on what mobility issues Native American Elders have around their homes and in their communities. You can participate in a phone or Zoom interview from the safety of your own home.

## Why are we doing this research?

- The CDC MyMobility Plan is a tool to help all elders develop their own mobility plans. We need more information about how this tool works for Native American Elders, so we need your help!
- Modify the CDC MyMobility Plan for use in Native communities by Native Elders.



Incentives for Participants

### To Participate in the Interview

You must be a Native American Elder  
over the age of 55

#### For More Information

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