

THE ART OF AGING

Monthly Coffee & Conversation on Topics Related to Aging Well

First Friday of the Month

9:30am - 11am

Northern Great Lakes Visitor Center, Ashland, WI

Sorry, class is not being held in April.

May 2: Safe Online Shopping

Online shopping presents an opportunity for consumers to purchase practically anything quickly and conveniently. The internet has many fake ads, fraudulent websites, and scammers trying to take your money and give you nothing in return. Consumers can have a safe online shopping experience, as long as they protect themselves. Helpful resources from the Bureau of Consumer Protection will be available.

Presented by: Jeffrey Kersten, Outreach Specialist, DATCP

June 6: Crafting and Conquering Your Bucket List

Whether you're looking to travel, learn a new skill, or simply enrich your life, this session will provide the guidance and support you need to craft and conquer your bucket list. We'll explore how to identify goals, create a plan with manageable steps, stay motivated and celebrate your achievements.

Presented by: Tracy Henegar & Heidi Ungrodt, UW Extension

This Program is FREE! Registration is Required!

By Phone:

Contact the Bayfield
County Extension Office
715-373-3288

Online:

Scan QR CODE →
or go to
go.wisc.edu/dvlcm6



State Of Wisconsin
DEPARTMENT OF AGRICULTURE,
TRADE AND CONSUMER PROTECTION