




July 2022

Red Cliff Elderly Menu

All Meals Subject to Change without notice

All Meals Served with 1% milk

Mon	Tue	Wed	Thu	Fri	Sat
				1 Lasagna Calif Blend Vegetable Garlic Bread Peaches & Cottage Cheese	2 <u>Sack Lunch</u> Creamy Ham Pasta Salad Fruit Cup Chips
4 *No Service* Tribal Holiday 	5 Spaghetti w/ Meat Sauce Green beans Garlic Bread Side Salad	6 Pork Medallions Mashed Potato/ Gravy Island Blend Vegetable Bun Cookie	7 Cabbage Roll Soup Turkey & Cheese Sandwich Jell-O	8 Chicken Stir Fry w/ Vegetables Rice Egg Roll Fortune Cookie	9 <u>Sack Lunch</u> Tuna Salad Cheese Stick Pudding
11 Chicken Strips Mac –N– Cheese Peas Apple Sauce	12 California Cheeseburger Potato Salad Baked Beans Pineapple	13 Turkey Dinner Mashed Potato/ Gravy Stuffing Corn Bun Cookie	14 Loaded Potato Soup w/ Ham Egg Salad Sandwich Pudding	15 Scrambled Egg w/ Peppers, Onions, & Cheese Sausage Patty Hashbrowns Orange	16 <u>Sack Lunch</u> Grilled Chicken Sandwich Fruit Cup Chips
18 Cream Chicken over Biscuit Oven Roasted Asparagus Cake	19 Beef & Bean Burrito Mexican Rice Peach Cobbler	20 Meatloaf Mashed Potato/ Gravy Green Beans Bun Cookie	21 Beef Stew Ham & Cheese Sandwich Mandarin Oranges	22 Hot Dog French Fries Cole Slaw Banana	23 <u>Sack Lunch</u> Chicken Salad on Croissant Cheese Stick Pudding
25 Sloppy Joes Potato Wedges Baked Beans Apple Crisp	26 Fried Chicken Cole Slaw Corn on the Cob Ambrosia Salad	27 Open Faced Hot Pork Sandwiches Mashed Potato/ Gravy Corn Cookie	28 Chili Tuna Sandwich Cake	29 Chef Salad Garlic Bread Pear	30 <u>Sack Lunch</u> BBQ Rib Sandwich Fruit Cup Chips