

Red Cliff Elderly Menu October 2024

Menu Subject to Change Without Notice

All Meals Served With 1% Milk

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|--|
|  | <p>1 Pork chop Rice Island Blend Veggies 3 Bean salad Bun</p> | <p>2 Chef salad Breadstick Peaches & cottage cheese</p> | <p>3 Boiled dinner Ground bologna sandwich Fresh fruit</p> | <p>4 Baked breaded fish French fries Coleslaw Bread Jell-O</p> | <p>5 <u>Sack Lunch</u> Hot dog on a bun Fruit cup Chips</p> |
| <p>7 Ground beef & rice skillet dinner Corn Bread Tropical fruit</p> | <p>8 Pot roast w/ potatoes, carrots, and celery Green beans, Bun Mandarin oranges</p> | <p>9 Tator tot hotdish Lima beans Bread Cookie</p> | <p>10 Hamburger mac soup Turkey cheese sandwich Fresh fruit</p> | <p>11 Lasagna Side salad Garlic toast Ambrosia salad</p> | <p>12 <u>Sack Lunch</u> Chicken bacon ranch pasta Pudding cup Cheese stick</p> |
| <p>14 CLOSED FOR INDIGENOUS PEOPLES DAY</p> | <p>15 Spaghetti w/meat sauce Garlic bread Cali blend veggies Cake</p> | <p>16 Nacho supreme Refried beans Spanish rice Apple sauce</p> | <p>17 Beef vegetable soup Ham & cheese sandwich Fresh fruit</p> | <p>18 Scrambled eggs Pancakes Sausage links Muffin</p> | <p>19 <u>Sack Lunch</u> Boiled egg Oatmeal Apple sauce Cheese stick</p> |
| <p>21 Hot dog on a bun Potato salad Baked beans Pineapple</p> | <p>22 Meatloaf Mashers & gravy Peas & carrots Bun Apricots</p> | <p>23 Chicken parmesan Over pasta Island blend veggies Breadstick Fruit cocktail</p> | <p>24 Creamy chicken wild rice soup Egg salad sandwich Fresh fruit</p> | <p>25 Sweet & sour chicken over rice Eggroll Fortune cookie</p> | <p>26 <u>Sack Lunch</u> Chicken patty sandwich Applesauce Cheese stick</p> |
| <p>28 Hamburger wildrice hotdish Corn, Bread Apple sauce</p> | <p>29 Chicken burrito Refried beans Spanish rice Mandarin oranges</p> | <p>30 CLOSED FOR STAFF TRAINING</p> | <p>31 Cheesy ham & potato soup Ground bologna sandwich Fresh fruit</p> |  |  |