


Red Cliff Elderly Menu

October 2024

Menu Subject to Change Without Notice

All Meals Served With 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Pork chop Rice Island Blend Veggies 3 Bean salad Bun	2 Chef salad Breadstick Peaches & cottage cheese	3 Boiled dinner Ground bologna sandwich Fresh fruit	4 Baked breaded fish French fries Coleslaw Bread Jell-O	5 <u>Sack Lunch</u> Hot dog on a bun Fruit cup Chips
7 Ground beef & rice skillet dinner Corn Bread Tropical fruit	8 Pot roast w/ potatoes, carrots, and celery Green beans, Bun Mandarin oranges	9 Tator tot hotdish Lima beans Bread Cookie	10 Hamburger mac soup Turkey cheese sandwich Fresh fruit	11 Lasagna Side salad Garlic toast Ambrosia salad	12 <u>Sack Lunch</u> Chicken bacon ranch pasta Pudding cup Cheese stick
14 CLOSED FOR INDIGENOUS PEOPLES DAY	15 Spaghetti w/meat sauce Garlic bread Cali blend veggies Cake	16 Nacho supreme Refried beans Spanish rice Apple sauce	17 Beef vegetable soup Ham & cheese sandwich Fresh fruit	18 Scrambled eggs Pancakes Sausage links Muffin	19 <u>Sack Lunch</u> Boiled egg Oatmeal Apple sauce Cheese stick
21 Hot dog on a bun Potato salad Baked beans Pineapple	22 Meatloaf Mashers & gravy Peas & carrots Bun Apricots	23 Chicken parmesan Over pasta Island blend veggies Breadstick Fruit cocktail	24 Creamy chicken wild rice soup Egg salad sandwich Fresh fruit	25 Sweet & sour chicken over rice Eggroll Fortune cookie	26 <u>Sack Lunch</u> Chicken patty sandwich Applesauce Cheese stick
28 Hamburger wildrice hotdish Corn, Bread Apple sauce	29 Chicken burrito Refried beans Spanish rice Mandarin oranges	30 CLOSED FOR STAFF TRAINING	31 Cheesy ham & potato soup Ground bologna sandwich Fresh fruit	