

Sliding into Recovery and Wellness

**At Mt. Valhalla located on County C in
Washburn, WI**

January 28, 2020

9:30 am—3:00 pm

Leave at 10 am from MWC

(Transportation will be provided)

Please Dress WARM!

**Come join the MWC Relapse Prevention and
Wellness Groups & Noojimo'iwewin Center,
for a fun day in the snow, sliding and snow
shoeing!**

**Hot dogs,
smores, and
hot cocoa
provided!**



Any Questions please call (715)779-3707

Ext. 2452 for Sonia

Ext. 2453 for Sarah