



# Noojimo'iwewin Center

## Waabigwanii-Giizis—May 2025

37450 Water Tower Rd, Red Cliff Call for more information: 715-779-3508



| Anami'e<br>Giizhigad<br>CLOSED | Nitam Anokii<br>Giizhigad<br>8-4:30 | Niizho<br>Giizhigad<br>8-7:30                                                          | Aabitoose<br>8-7:30                                                                     | Niiyo<br>Giizhigad<br>8-7:30                                                          | Naano<br>Giizhigad<br>8-7:30                                                 | Giizibiigiisagi-<br>nige Giizhigad<br>10-6   |
|--------------------------------|-------------------------------------|----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------|
|                                |                                     |                                                                                        |                                                                                         | 1 Morning Reflection<br>Readings 9am<br>Sober Skills 3:30-4:30<br>Talking Circle 6PM  | 2 Morning Reflection<br>Readings 9am<br>Cultural Crafts 3:30-4:30<br>AA 6PM  | 3<br>Movie Time 2-4PM<br>NA 4PM              |
| 4<br>CLOSED                    | 5<br>Closed<br>Admin Day            | 6 Morning Meditation<br>Readings 9am<br>Life Skills 4-6pm<br>Wellness Circle 6PM       | 7 Morning Reflection<br>Readings 9am<br>Blitz Tournament<br>LW 11-3pm<br>Wellbriety 6PM | 8 Morning Reflection<br>Readings 9am<br>Sober Skills 3:30-4:30<br>Talking Circle 6PM  | 9 Morning Reflection<br>Readings 9am<br>Cultural Crafts 3:30-4:30<br>AA 6PM  | 10<br>Movie Time 2-4PM<br>NA 4PM             |
| 11<br>CLOSED                   | 12<br>Closed<br>Admin Day           | 13 Morning Meditation<br>Readings 9am<br>Sober Skills 3:30-4:30<br>Wellness Circle 6PM | 14 Morning Reflection<br>Readings 9am<br>Wellbriety 6PM                                 | 15 Morning Reflection<br>Readings 9am<br>Sober Skills 3:30-4:30<br>Open Mic 5-7pm     | 16 Morning Reflection<br>Readings 9am<br>Cultural Crafts 3:30-4:30<br>AA 6PM | 17<br>Movie Time 2-4PM<br>NA 4PM             |
| 18<br>CLOSED                   | 19<br>Closed<br>Admin Day           | 20 Morning Meditation<br>Readings 9am<br>Sober Skills 3:30-4:30<br>Wellness Circle 6PM | 21 Morning Reflection<br>Readings 9am<br>SPEAKER FEAST<br>5-7                           | 22 Morning Reflection<br>Readings 9am<br>Sober Skills 3:30-4:30<br>Talking Circle 6PM | 23 Morning Reflection<br>Readings 9am<br>Cultural Crafts 3:30-4:30<br>AA 6PM | 24<br>Movie Time 2-4PM<br>NA 4PM             |
| 25<br>CLOSED                   | 26<br>CLOSED                        | 27 Morning Meditation<br>Readings 9am<br>Sober Skills 3:30-4:30<br>Wellness Circle 6PM | 28 Morning Reflection<br>Readings 9am<br>Wellbriety 6PM                                 | 29 Morning Reflection<br>Readings 9am<br>Sober Skills 3:30-4:30<br>Talking Circle 6PM | 30 Morning Reflection<br>Readings 9am<br>Cultural Crafts 3:30-4:30<br>AA 6PM | 31<br>Fry Bread Cook-<br>Off 1-3pm<br>NA 4PM |
| 1<br>CLOSED                    | 2<br>Closed<br>Admin Day            | 3 Morning Meditation<br>Readings 9am<br>Sober Skills 3:30-4:30<br>Wellness Circle 6PM  | 4 Morning Reflection<br>Readings 9am<br>Ribbon Skirt Making 2-4<br>Wellbriety 6PM       | 5 Morning Reflection<br>Readings 9am<br>Sober Skills 3:30-4:30<br>Talking Circle 6PM  | 6 Morning Reflection<br>Readings 9am<br>Cultural Crafts 3:30-4:30<br>AA 6PM  | 7<br>Movie Time 2-4PM<br>NA 4PM              |

# WELLBRIETY



The Wellbriety Movement is a Native American approach to healing from addiction that focuses on sobriety, wellness, and cultural teachings. It integrates traditional Indigenous values, the Medicine Wheel, and spiritual practices with recovery principles to promote holistic healing.

**Every Wednesday night at 6 pm.**



**FOR MORE INFORMATION, VISIT:**

37450 Water Tower Road, Bayfield, WI, 54814  
715-779-3508





# TALKING CIRCLE WITH MIDGE MONTANO

A Talking Circle is a sacred gathering rooted in Indigenous traditions, where participants come together in a respectful and supportive space to share their thoughts, experiences, and emotions. Each person speaks one at a time, often using a talking piece, while others listen without judgment or interruption. The circle fosters healing, connection, and understanding, guided by values of honesty, respect, and unity.

**THURSDAYS**  
6 pm

For more information: 715-779-3508  
37450 Water Tower Road, Bayfield,  
WI, 54814





# Alcoholics Anonymous

AA is a worldwide fellowship that helps individuals recover from alcohol addiction through peer support and the 12-Step Program. Meetings provide a safe, confidential space where people share their experiences and work toward long-term sobriety with the guidance of a sponsor and spiritual principles.

***Every Friday***

**6:00 PM**

37450 Water Tower Road,  
Bayfield, WI 54814

**More information**

715-779-3508





# Narcotics Anonymous



## WHAT IS N.A.?

NA is a global community-based program that supports individuals recovering from drug addiction. It follows the 12 Steps and 12 Traditions, offering a safe space for members to share their journeys and find support through group meetings, sponsorship, and a commitment to a drug-free lifestyle.

**Every Saturday  
4 pm**

## WHY JOIN US?

- Peer Support & fellowship
- Free & Accessible
- Service Opportunities
- Anonymity & confidentiality
- Long Term Recovery & Relapse Prevention



 367450 Water Tower Road,  
Bayfield, WI, 54814

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