

3rd-5th Grade Virtual Daily Lessons

MONDAY, MARCH 30TH

ACTIVITY	LINKS
<u>CELEBRATE THE NEW DAY!</u> INDOOR RECESS: ANIMAL INSTINCTS	https://app.gonoodle.com/activities/animal-instincts?s=Search&t=jungle
<u>LET'S GET OUR BODIES MOVING!</u> GO FOR A WALK, PLAY OUTSIDE OR HAVE A DANCE PARTY!	“I like to Move It Move It”: https://www.youtube.com/watch?v=emKoR6Mlr4I & “The Lion Sleeps Tonight”: https://www.youtube.com/watch?v=VT6PAR_k_a0
<u>FINE ARTS</u> <u>LET'S GET CREATIVE!</u> LET'S GET CREATE OUR GEAR FOR OUR SAFARI ADVENTURE! DIY BINOCULARS	https://wonderfuldiy.com/diy-binoculars/
<u>LUNCH TIME!</u>	Don't forget to wash your hands!
<u>SMART KIDS</u> WE REALIZE THAT DUE TO ALL THAT HAS BEEN GOING ON LATELY CAN BE A LITTLE OVERWHELMING. THAT IS OKAY! YOU ARE ALLOWED TO FEEL THOSE FEELINGS. USE THIS CHART TO MAP OUT HOW YOU FEEL, SHARE YOUR WORK TO A FAMILY MEMBER AND FRIEND AND TALK ABOUT THOSE FEELINGS.	https://childhood101.com/wp-content/uploads/2018/09/My-Emotions-Wheel.pdf
<u>READY TO EXPLORE!? LET'S TAKE A VIRTUAL FIELD TRIP!</u> THE MUSEUM OF NATURAL HISTORY AT THE SMITHSONIAN	https://naturalhistory.si.edu/visit/virtual-tour

ACTIVITY**LINKS**

<p><u>POWER HOUR</u> TIME TO READ</p>	<p>Read Aloud: Snappy The Alligator (Did Not Ask to be In This Book!): https://www.storylineonline.net/books/snappy-the-alligator/</p> <p>After Reading: What are your thoughts!?</p> <p>Share your thoughts in this writing activity: https://www.storylineonline.net/wp-content/uploads/2020/02/SnappytheAlligator_Teacher_ActivityGuide_Final.pdf</p>
<p><u>STEAM</u> LET'S DO THIS EXPERIMENT TO LEARN HOW ANIMALS IN THE ARCTIC KEEP THEMSELVES WARM DURING THE WINTER</p>	<p>https://www.icanteachmychild.com/how-arctic-animals-stay-warm-in-icy-water/</p>
<p><u>LIFE SKILLS</u> IMPORTANCE OF KEEPING HEALTHY AND CLEAN!</p>	<p>https://www.youtube.com/watch?v=24IYt5Z3eC4</p>
<p><u>BRAIN BREAK</u> AFTER A DAY FILLED OF FUN ACTIVITIES, YOU DESERVE SOME BRAIN BREAK TIME!</p>	<p>Fun Brain: https://www.funbrain.com ABCYA: https://www.abcya.com Indoor Recess: https://app.gonoodle.com/channels/indoor-recess</p>

GREAT FUTURES START HERE.



Gitchigami



Middle & High School Virtual Daily Lessons



Gitichigami

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ACTIVITY

LINKS

<p>WAKE UP!</p> <p>BREAKFAST & MORNING MINDFULNESS</p>	<p>https://www.youtube.com/watch?v=7lscI5-f420</p> <p>&</p> <p>https://www.youtube.com/watch?v=7kgZnJqzNaU</p>
<p>WHAT'S THE MOVE!?</p> <p>FITNESS CHALLENGE</p> <ul style="list-style-type: none"> - CAN YOU CHOOSE 3 MORE TIMES TODAY TO COMPLETE THE CHALLENGE? - WHAT EXERCISES CAN YOU ADD? <p>CAN YOU MAKE IT A COMPETITION WITH SOMEONE IN YOUR HOUSE?</p>	<p>Superhero Warm Up: "Spiderman Warm Up":</p> <p>https://www.youtube.com/watch?v=M-I_As6pPl4&feature=youtu.be</p> <p>&</p> <p>Fitness Challenge: "Squat Challenge!":</p> <p>https://www.youtube.com/watch?reload=9&v=bql6sIU2A7k&fbclid=IwAR2GxJucqPjMhNTdbkZZ9w8FQzUdjHSfAP6CvEN7UGAWdLodR97zNsRDvsM</p>
<p>SMART MOVES</p> <p>AM I MAKING THE RIGHT CHOICES?</p> <p>I GO SOME PLACES AND AVOID OTHERS</p>	<p>Look at a map of Red Cliff or Bayfield on Google Maps:</p> <p>Where are some places that you would avoid?</p> <p>Write down a couple sentences why you avoid certain places.</p> <ul style="list-style-type: none"> - Read "The Uncertain Gang Member": <p>https://docs.google.com/document/d/1zWo6v8Xz5mJnRW5p7iR6bOk3I0jIOUcvm_KDNh0xeHM/edit</p> <p>Which paragraph speaks to you the most?</p> <p>What ideas or feelings stood out the most?</p> <p>What brought about the turn-around in Joshua?</p> <ul style="list-style-type: none"> - Reflect in your journal about the decision-making process Joshua went through in order to bring about the change in his life. <p>What actions will he take in the future to avoid the problems he faced in the past?</p> <p>What actions might you take to avoid similar problems?</p>
<p>LUNCH TIME!</p> <p>ALSO, CHECK OUT: MYPLATE KITCHEN RECIPES TO THE RIGHT</p>	<p>Don't forget to wash your hands!</p> <p>https://www.youtube.com/playlist?list=PLBccton6gOdrIKFFh-M9mf8VkpEV2ZVr</p>

ACTIVITY**LINKS**

LEADERSHIP & SERVICE	<p>Watch this TED Talk:</p> <p>https://www.youtube.com/watch?v=0OkOQhXhsIE</p> <p>Then complete this One Pager:</p> <p>https://docs.google.com/document/d/19jt4CrdkK8Apnkzt2xYBJ_ryukJ18XwTJqagmmBfvXc/edit (you can recreate it if you don't have a printer).</p>
READY TO EXPLORE!? LET'S TAKE A VIRTUAL TRIP! LET'S TRAVEL TO THE HIDDEN WORLD OF NATIONAL PARKS	<p>Today, take a trip through the Carlsbad Caverns in New Mexico!</p> <p>Fly with thousands of bats, explore incredible formations, and trek by headlamp through a cave!</p> <p>https://artsandculture.withgoogle.com/en-us/national-parks-service</p>
STEM FIGHT THE GERMS! CLEAN ALL SHARED SURFACES: WIPE ALL KITCHEN TABLE AND CHAIRS, DOOR HANDLES, LIGHT SWITCHES, DESKTOPS, PHONES, COMPUTERS, KITCHEN & BATHROOM COUNTER, BATHROOM SINK AND TOILET	<p>Performing Arts Activity: "Guitar Lesson #1"</p> <p>https://www.youtube.com/watch?reload=9&v=Ohf0vMxHmIM</p> <p>&</p> <p>STEM Activity: Put all those toilet paper and paper towel rolls to good use! Find items from around your house and create a racetrack!</p>
LIFE SKILLS WHILE YOU'RE AT HOME, START HELPING YOUR FAMILY DO THEIR LAUNDRY!	<p>How to Do Laundry:</p> <p>https://www.youtube.com/watch?v=4QxmleZeu9s</p>
COLLEGE & CAREER READINESS WHO IS GETTING READY TO LOOK FOR SUMMER JOBS?	<p>Check out this video for tips on How to Dress for a Job Interview:</p> <p>https://www.youtube.com/watch?v=DM8Stzk_jxs</p>
MINDFULNESS MEDITATION TIME TO UNWIND! FALL ASLEEP FAST WITH THIS 10-MINUTE MEDITATION!	<p>Relax and listen to this 20-minute guided meditation for teens:</p> <p>https://www.youtube.com/watch?v=psyExnCkcXU</p>