RED CLIFF ELDERLY NOVEMBER 2026 MENU

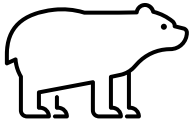
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	**3**	**4**	**5**	**6**
Unstuffed Pepper Casserole 3 Bean Salad Warm Applesauce Whole Wheat Roll	Swedish Meatballs over Egg Noodles Broccoli Mixed Greens Salad Carrot Cake	Herb Roasted Chicken Rice & Pasta Pilaf Butternut Squash Coleslaw Apple Crisp	Boiled Dinner Sunshine Fruit Salad Whole Wheat Bread & Butter	Mediterranean Salmon Brown Rice Warm Spiced Peaches Creamy Broccoli Salad
9	**10**	**11 Veteran's Day**	**12**	**13**
Chicken Penne w/Peppers & Onions Creamed Spinach Warm Diced Peaches	Garlic Thyme Beef Roast Mashed Potatoes w/Gravy Carrots Berry Delight Fruit Salad Whole Wheat roll	**CLOSED FOR HOLIDAY**	Classic Chili Mixed Greens Salad w/Cucumbers & Tomatoes Cornbread	Sweet & Sour Meatballs Brown Rice Green Beans Fresh Orange
16	**17**	**18**	**19**	**20**
Spaghetti w/Meat Sauce Italian Blend Veggies Mixed Greens Salad Strawberry Yogurt Bowl w/Granola	Pork Chop Suey w/Stir Fry Blend Veggies Warm Applesauce Thai Cucumber Salad	Chicken A La King Over Biscuits Green Beans w/Almonds Fresh Carrots w/Creamy Garlic Herb Dip	Chicken Noodle Soup Autumn Side Salad Orange Cottage Cheese Salad	Salisbury Steak Baby Reds Broccoli Mandarin Oranges Whole Wheat Bread & Butter
23	**24**	**25**	**26 Thanksgiving**	**27**
Chicken Gloria (creamy mushroom & cheese) Brown Rice Cauliflower Creamy Grape & Apple Salad	**THANKSGIVING DINNER** Turkey, Mashed Potatoes & Gravy, Green Beans & Wild Rice, Stuffing, Cranberry Sauce, Whole Wheat Roll, Cake	Chicken Taco Salad Whole Wheat Roll	**CLOSED FOR HOLIDAY**	Lasagna Corn Mixed Greens Salad w/Croutons Tropical Fruit
30	**Dec 1**	**Dec 2**	**Dec 3**	**Dec 4**
Sloppy Joes on Whole Wheat Bun Half Baked Potato Broccoli Kale Slaw	Beef Tips Mashed Potatoes Carrots Apple Slices Whole Wheat Bread & Butter	Chicken Pot Pie Casserole Mixed Greens Salad Peach Crisp	Beef Vegetable Stew Mixed Greens Salad Cottage Cheese w/Pineapple Whole Wheat Roll	Pork w/Sauerkraut Rice Pilaf Buttered Beets Strawberry Shortcake

All meals served with 1% milk. Menu subject to change. Side Salad Bar available each day during Congregate Lunch.

Congregate meals served from 12:00pm – 1:00pm at Red Cliff Elderly Feeding 37645 New Housing Road, Bayfield, WI 54814, (715)779-3746

Please call Samuel La Grew to arrange transportation to events or for errands (715)979-1322

RED CLIFF ELDERLY NOVEMBER 2026 ACTIVITY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	**3**	**4**	**5**	**6**
Food for Thought Get Out & Vote Event 11am – 2pm @ LW	Voting Day Polls Open 7am-8pm	Red Cliff Community Health Health Fair 3-6pm @ Clinic		Elder Food Box @ Food Distribution
9	**10**	**11**	**12**	**13**
Soup There It Is Kids Christmas Fundraiser 4-7pm @ Cultural Center		**CLOSED FOR HOLIDAY**		Trips w/Sam to Ashland Walmart
16	**17**	**18**	**19**	**20**
	mishiiwaatig **(mish-ee-wah-tig)** **(a stick of) dry wood**		Trip to Cornucopia Food Shelf	Elder Food Box @ Food Distribution
23	**24**	**25**	**26**	**27**
	**THANKSGIVING DINNER** @ Legendary Waters Doors Open at 11am Lunch Served @ 12pm Sack BINGO after lunch		**CLOSED FOR HOLIDAY**	Trips w/Sam to Ashland Walmart
30	**Dec 1**	**Dec 2**	**Dec 3**	**Dec 4**

November is: Native American Heritage Month, National Gratitude Month, National Diabetes Month, National Hospice & Palliative Care Month, National Novel Writing Month, National Alzheimer's Disease Month, National Family Literacy Month, National Family Caregivers Month, Family Stories Month, Military Family Month, Worldwide Bereaved Siblings Month, National Pomegranate Month, National Adoption Month, National Pepper Month, Lung Cancer Awareness Month, Sweet Potato Awareness Month, Banana Pudding Lovers Month, Epilepsy Awareness Month, National COPD Awareness Month, Pancreatic Cancer Awareness Month, Diabetic Eye Disease Month.

November 1 & 2 Food For Thought Panel Series & Community Feast: Sunday 4pm-6pm, Monday 11:30am-2pm

November 21 &22 Fall Craft Fair at Legendary Waters: Saturday 9am – 6pm, Sunday 9am – 3pm