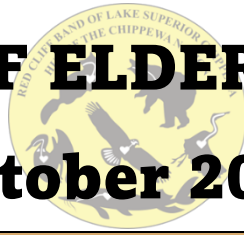




RED CLIFF ELDERLY MENU

October 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sep 28	Sep 29	Sep 30	1	2
Biscuits & Gravy Yogurt w/Berries Orange Juice Banana	Walking Taco w/Ground Beef, Sour Cream, Salsa, Cheese, Lettuce, Tomato, Onion Pineapple	CLOSED FOR TREATY DAY	Chicken Veggie Soup ½ Tomato & Cheese Sandwich Tropical Fruit	Spaghetti Cabonara Side Salad Cookie
5	6	7	8	9
Tator Tot Hotdish Cottage Cheese w/Peaches Mixed Veggies	Beef Pot Roast w/Potatoes & Carrots Bread & Butter Broccoli Chocolate Pudding	CLOSED FOR IN-SERVICE	Venison Stew ½ Salami & Cheese Sandwich Apple	Sausage & Pepperoni Pizza Side Salad Cookie
12	13	14	15	16
CLOSED FOR INDIGENOUS PEOPLE'S DAY	Chicken Pot Pie Broccoli Mixed Fruit	Meatloaf Green Beans Mashed Potatoes & Gravy Carrot Cake	Chili Cornbread Grapes	Taco Salad Breadstick Cookie
19	20	21	22	23
Cheeseburgers French Fries Baked Beans Pears	Spaghetti Pie Side Salad Mandarin Oranges	Beef Stroganoff over Egg Noodles Green Beans Corn Tropical Fruit	Cabbage Soup w/Sausage & potatoes ½ Ham & Cheese Sandwich Orange	Baked Fish w/lemon Coleslaw French Fries Blueberry Pie
26	27	28	29	30
Kielbasa Casserole w/Cabbage, Carrots, Potatoes, & Celery Mixed Veggies Bread & Butter	Scalloped Potatoes w/Ham Carrots Dinner Roll Fruit Cocktail	Roasted BBQ Chicken Cali Blend Veggies Mashed Potatoes & Gravy Jello w/Fruit	Pumpkin Soup ½ Turkey & Cheese Sandwich Apple	Sloppy Joes Green Beans Tator Tots Chocolate Cake

All meals served with 1% milk. Menu subject to change.

Side Salad Bar available each day during Congregate Lunch.

Congregate meals served from 12:00pm – 1:00pm at Red Cliff Elderly Feeding

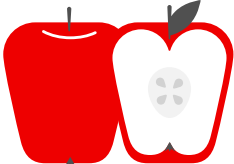
37645 New Housing Road, Bayfield, WI 54814, (715)779-3746



RED CLIFF ELDERLY ACTIVITIES

October 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sep 28	Sep 29	Sep 30	1	2
aniibiish (ah-nee-beesh) a leaf	Chippewa Federation Meeting 9am-3pm @LW	CLOSED FOR TREATY DAY Treaty Day Activities on Island	Grandparents Raising Grandchildren Support Group 6pm @ Nooji	Applefest 
5	6	7	8	9
Tribal Council Meeting 4:30pm @LW		CLOSED FOR IN-SERVICE	VFW Burger Night 4:30-7pm @VFW	Elder Food Box @ Food Distribution Trips w/Sam to Ashland Walmart
12	13	14	15	16
CLOSED FOR INDIGENOUS PEOPLE'S DAY		Elder Cribbage Tournament 12:30pm @ Elderly	Trip to Cornucopia Food Shelf Grandparents Raising Grandchildren Support Group 6pm @ Nooji	
19	20	21	22	23
	Tribal Council Meeting 4:30pm @LW	dagwaagin (duh-gah-gwin) it is fall, is autumn		Elder Food Box @ Food Distribution Trips w/Sam to Ashland Walmart
26	27	28	29	30
mishiiwaatig (mish-ee-wah-tig) (a stick of) dry wood		Elder Halloween Party Costume Contest & BINGO 11am @ Elderly	Grandparents Raising Grandchildren Support Group 6pm @ Nooji	Gate Night 

Please call Samuel La Grew to arrange transportation to events or for errands. (715)979-1322