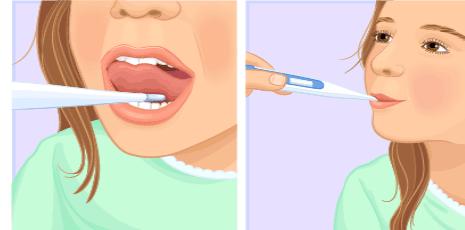


How to Take Your Temperature



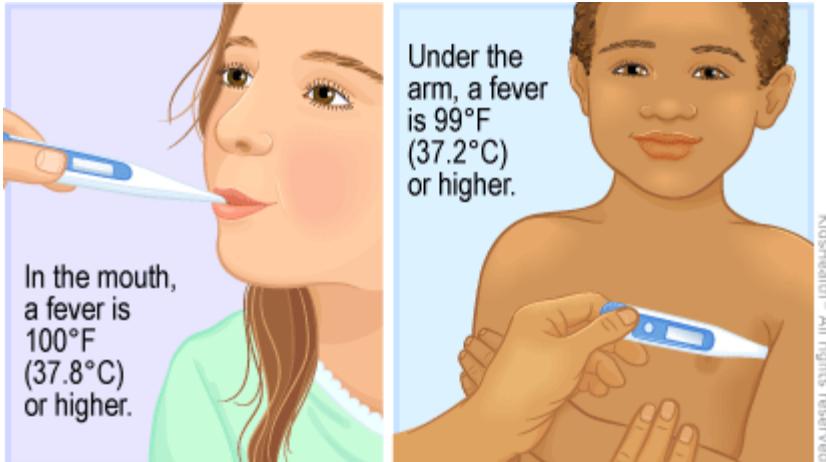
Turn the thermometer on by pressing the button near the screen.

Hold the tip of the thermometer under your tongue until it beeps. Do not bite the thermometer.



Read your temperature on the screen.

Write your temperature in the on the symptom tracker provided in your informational packet.



Please note: For children under 4 years old, place the thermometer under the child's arm in the center of the arm pit.

*Tell the public health worker how you are taking your child's temperature.

Make sure you are reporting your symptoms

