

Jiibaakwedaa Presents...

“ Grilled Fish, Potato and Bacon Salad ” Video Lesson and Ingredient Bag

FOOD DISTRIBUTION

JANUARY 27TH

1-3PM

Come pick up your **FREE** food bag! Next, watch the video of the recipe being made on Facebook, located on the Red Cliff Band of Lake Superior Chippewa Indians page.

Finally, **MAKE IT!** Use the recipe card provided, as well the video guide to make your own smoked or grilled fish salad

50 bags of ingredients will be given out. We will be delivering 15 bags of ingredients to the Red Cliff area. Please use the email below to reserve your delivery. Delivery is for those who cannot make it to Food Distribution.

Please send in your cooking pictures to mmcguire@redcliffhealth.org, a raffle will be drawn in the February cooking video.

Sponsored By:



This product was supported [in part] by grant number 1H79TI081322-01 from the Substance Abuse and Mental Health Services Administration (SAMHSA). The content of this publication does not necessarily reflect the views or policies of SAMHSA or the U.S. Department of Health and



SAMHSA
Substance Abuse and Mental Health
Services Administration

The Noojimo'iwewin Center