



Red Cliff Band of Lake Superior Chippewa Indians

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Red Cliff Tribal Council

COVID-19 Community Update

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The Red Cliff Community Health Center, in conjunction with Tribal Council, has been working diligently to prevent an outbreak of the respiratory disease caused by a novel (new) coronavirus that has now been detected in Bayfield County.

This is a new virus that is not known to have previously infected humans. Therefore, our understanding of this virus and how transmission occurs is incomplete. We are operating under the assumption that individuals are infectious before they have symptoms. On this premise, therefore, it is safest to assume that all individuals are infected and infectious to others.

In efforts to contain this illness, the Health Center is strongly advising voluntary self-quarantine for all individuals.

What does this mean for you?

- Avoid all public and private gatherings.
- Stay away from others if you are sick. Similarly, stay away from sick people.
- Wash your hands throughout the day.
- Avoid touching your face with your hands.
- Designate a healthy individual in the home to run tasks to keep your home running (grocery shopping, going to the post office, etc.).

In your home:

- Keep frequently touched surfaces clean by wiping them down hourly with a disinfectant.
- If you are sick with a cough, sore throat or runny nose, self-quarantine in a room away from others.

If you have fevers and a cough, please call the clinic first to see if you should come in to be seen. As always, please call the clinic with any questions at 715-779-3707.