

SOMETHIN' GOOD @GOODMAN

QUARTER 3 MINI COURSES AND CLUBS!

MONDAYS

Get It Off Your Chest (In Person)

Mind Body and Self
4:30 - 5:30
(Virtual)

THURSDAYS

Photography East HS Club
East Sports Study Tables
Creative Writing East HS Club
Computer Lab Drop-In

DAILY SCHEDULE

Chill, Study & Food:
3:30 - 4:30 PM

Mini Course:
4:30 - 6:00

Check out & Reflect:
6:00 - 6:30

L U S S I E R



TUESDAYS

Girls Who Grow
(In Person)

Africa East HS Club

East Sports Study Tables

WEDNESDAYS

Sights and Sounds
(In Person)

Soulful Productions
East HS Club

In Person Homework
Assistance
12:00 - 3:00 pm

FRIDAYS

Fitness on the Go
(In Person)

2K League (Virtual)

IF YOU HAVE ANY
QUESTIONS PLEASE
CONTACT:
Weethine Dorvil,
LOFT High School Manager
weethine@goodmancenter.org

To Register Visit:
Goodmancenter.org or
Click Enrollment Form or
tinyurl.com/GCC21-HSI

GET IT OFF YOUR CHEST

2020 has been a year for the books! This mini-course is a space for you to discuss moments that have brought you stress this year. We will talk about ways to deal with our stresses and even have the opportunity to work with Anesis Therapy Group. This is a judgement free space and a place to support one another

MIND BODY & SELF

Come learn about Mind, Brain, and Self by exploring a range of topics in psychology! You don't need any prior knowledge to join in and learn something cool. Throughout the mini-course, you'll be taking ownership of what you want to learn, developing critical thinking skills, and learning about social science research. A few topics we'll touch on will be perception, memory, and emotions!

GIRLS WHO GROW

Women empowering women to grow and explore the world around them and future opportunities. In this course, we will embrace SMART, STRONG, & BOLD ideas through adventuring into the outdoors, redefining what it means to be a scholar, examining health and wellness and so much more with ideas you bring to the table. Open to any female identifying youth.

SIGHTS & SOUNDS

Sights and Sounds is a mini-course taking a deeper dive into two activities that we LOVE doing, listening to music and watching film! We listen to music and watch different movies/shows to pass our time or just for pure enjoyment but these activities are also teaching us and providing us with themes that help us navigate the world we live in. Join us while we listen and watch scenes from our favorites songs and films with a different lens!

FITNESS ON THE GO

You can still keep active during these cold winter months. This mini course will focus on youth fitness here at the center as well as community partnerships like Tyrol Basin and Boulders Climbing Gym. Join us as we stay active, fit and healthy this winter!

2K LEAGUE CLUB

The club is designed to give students the opportunity to have a space to be competitive. Every week going against a different player in the league to battle for the number one spot. When the season ends there will be playoffs to crown the 2k champ. Once week the club will also meet together to talk about standings and win loss percentages. Also, we will talk how analytics plays a major role in sports at all levels.

EAST SPORT STUDY TABLES

Goodman is working alongside East High School Football team to provide academic support through a virtual study hall format.

SOULFUL

PRODUCTIONS

Be part of a production where we'll help you master your craft in singing, rapping/emceeing, dancing, model in our heavy hitting fashion show plus more performing in local shows such as EHS Fine Arts, Festival of the Arts, etc.

PHOTOGRAPHY CLUB

Students in the club will learn about photography (composition, technical skills, photo editing), writing (caption writing, journalistic writing), practice communication skills (interviewing, writing professional emails to sources including adults in leadership positions), legal information related to journalism (copyright law, First Amendment, Libel and Slander, FERPA, FOIA, Invasion of Privacy), and some social media/ web design/marketing.

CREATIVE WRITING CLUB

Creative writing gives the ability to have academic help while simultaneously learning more about different styles of writing that can appeal to students. Having the ability to strengthen students' writings that being educational work or their own personal work that they have put together themselves. Even the ability to help with college essays whatever writing you have can be helped.

AFRICA CLUB

Africa Club is a sponsored CLC Club through the Goodman Community Center's LOFT High School program. The High School programming based at Goodman aims to support youth in their holistic development by providing programming rooted in: Academic development and support, promoting community engagement and life skill development, and engaging youth in health and wellness experiences and education.