



2026 Long Distance Running Championship Schedule UPDATE 700 Points

<u>DATE</u>	<u>EVENT</u>	<u>CATEGORY</u>
05/09	Our House Four Miler	All Divisions
05/26	Ridgewood Run 10K	Masters Men
06/14	Lager Run 5K	All Divisions
07/18	Big Bang Mile	All Divisions
08/30	USATF-NJ 5K Cross Country	All Divisions
09/19	Haworth 5K	**Masters Men & Women
09/26	Chase 5K	**Open Men & Women
10/18	Teri Roemer 10K	Masters Women
10/25	USATF-NJ Open & Masters 8K Cross Country	All Divisions
11/08	Giralda Farms 10K	Open Men+Women
11/26	Ashenfelter 8K	All Divisions

****Mini Open Men + Women 5k Spring/Fall Challenge**

****Mini Masters Men + Women Summer/Fall Challenge**

2026 Coed Team Events Wildcard Events 500/700Pts.

01/31	Penguin Run 5k
04/08	Cherry Blossom 10K
05/30	Wayne Rotary 5K
06/25	Sunset Classic 5 Miler
08/08	Three Bridges 5 Mile
11/21	Tom O'Reilly 5K

2026 Category III Grand Prix Races All Wildcard Events 500/700Pts.

10/17*	Harrington Park 5K *Rescheduled Date	Wild Card 500/700 Pts
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