



Arlington Park & Aquatic Complex

July 2019 Facility & Program Calendar

2650 Waldemere St.
Sarasota, FL 34239
Phone: 941.554.2110

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Water Aerobics

8:30 AM

*Instructional Pool

Water Aerobics

8:30 AM

*Instructional Pool

Boot Camp Fitness Class

6:30 PM - 7:30 PM

Outdoor Fitness
Gym

Water Aerobics

8:30 AM

*Instructional Pool

Water Aerobics

8:30 AM

*Instructional Pool
*No Class on
July 4th

**CLOSED
ON
JULY 4th**

Water Aerobics

8:30 AM

*Instructional Pool

Jazzercise

8:30 AM

*Gym

**Parent &
Child
Fun Night
in the Pool
July 12th**

**5p - 7p
Pre-Registration
is Required**

Open Swim Hours

9:30a - 7p, M - F

11a - 5p, Sa

Closed, Su

*Reduced lanes from 10a - 6:30p

Open Gym Times

Monday - Friday: Closed

Saturdays: 1pm - 5pm

Prices

Pool Adult: \$4

Pool Senior: \$2

Pool Youth: \$2

Water \$2/S

Aerobics:

*Inquire at Park
Office for Program
Prices

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ArlingtonParkAquaticComplex



cityofsarasotaparksandrec