



Arlington Park & Aquatic Complex

October 2019 Facility & Program Calendar

2650 Waldemere St.
Sarasota, FL 34239
Phone: 941.263.6732

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

H2O Cardio

7:00 AM
*Deep Water

Ms. Pauline's Water Aerobics

9:00 AM
*Shallow Water

Advanced Pickleball

10 AM - 1 PM
Rating: 3.5 & above

Ms. Pauline's Water Aerobics

9:00 AM
*Shallow Water

Beginning Pickleball

10 AM - 1 PM
Rating: 10 - 3.0

Jogaqua

12:00 PM
*Shallow Water

Boot Camp Fitness Class

6:30 PM - 7:30 PM
Outdoor Fitness
Gym

H2O Power

6:00 PM
*Deep Water

H2O Cardio

7:00 AM
*Deep Water

Jazzercise

9:00 AM
*Gym

Ms. Pauline's Water Aerobics

9:00 AM
*Shallow Water

Tot Time Open Gym

10:30 AM
*Gym

Ms. Pauline's Water Aerobics

9:00 AM
*Shallow Water

Open Play Pickleball

10 AM - 1 PM
Rating: 10 & above

Jogaqua

12:00 PM
*Shallow Water

H2O Power

6:00 PM
*Deep Water

H2O Cardio

7:00 AM
*Deep Water

Ms. Pauline's Water Aerobics

9:00 AM
*Shallow Water

Advanced Pickleball

10 AM - 1 PM
Rating: 10 & above

Jazzercise

8:30 AM
*Gym

Open Swim Hours

9:30a - 7p, M - F

11a - 5p, Sa

Closed, Su

*Reduced lanes from 3p - 6:30p

Open Gym Times

1: 1p - 3p	9: Closed	17: 1p - 7p	25: Closed
2: Closed	10: 1p - 7p	18: 1p - 3p	26: Closed
3: 1p - 7p	11: 1p - 7p	19: 11a - 5	27: Closed
4: Closed	12: 11a - 5p	20: Closed	28: 1p - 5:30p
5: 11a - 5p	13: Closed	21: 1p - 5:30p	29: 1p - 3:30p
6: Closed	14: 1p - 5:30p	22: 1p - 3p	30: Closed
7: 1p - 5:30p	15: 1p - 7p	23: Closed	31: 1p - 7p
8: 1p - 7p	16: Closed	24: 1p - 7p	

Prices

Pool Adult: \$4
Pool Senior: \$2
Pool Youth: \$2
Pickleball: \$3
Adult Gym: \$4
Youth Gym: \$2

*Inquire at Park
Office for Program
Prices

Follow Us on Social Media for Updates!



ArlingtonParkAquaticComplex



cityofsarasotaparksandrec