

# 2019 Friends of the Poor® Walk & 5K Run/Walk



**Come walk or run with us to support the neediest.**

**100% of all proceeds go to support persons living in poverty in Columbus**



**Date: Saturday, September 28, 2019**

**Time: 9:00 AM to Noon**

**Place: St. Francis De Sales H.S.**

**Address: 4212 Karl Rd., Columbus, OH 43224**



**Sponsored by: The Society of St. Vincent de Paul – Diocese of Columbus, OH**

# 2019 Walker Registration / Pledge Form

Two options shown below

## (1) Online Registration and Donations

You must first register online in order to make donations. To register, follow these steps:

1. Log on web site [www.fopwalk.org](http://www.fopwalk.org). Below the large picture of the Walkers, find "Register To Walk At An Event Near You". In the box labeled "Choose your state", select the down arrow and select OHIO and **NEXT**.
2. A list of Walks that take place in Ohio will be shown. Go to the large box showing 2019 FOP WALK AND 5K RUN/WALK select the dark blue box **REGISTER TO WALK**.
3. Then select **Choose Beneficiary**.
4. Click on the box "Select a Diocese" and select Diocese of Columbus from the drop-down list. (NOTE: At this point, don't click on the blue SELECT box next to Diocese of Columbus.)
5. A list of conferences (or seven pages) will appear. Locate your Conference and **SELECT** it.
6. Fill in your CONTACT INFORMATION and complete the remainder of the form.
7. After you register and select your Username, you will be issued a password via email by SVDP National Office by email.
8. Record your username and password for future reference and use to log on and make donations. To make a donation, go to the main web page. Locate the WALKERS heading and sign in using your username and password. Follow the prompts to make your donation.
9. Friends and family can make donations to you and your conference by following these steps: Log on to [www.fopwalk.org](http://www.fopwalk.org); Type in your name under the heading FIND A WALKER, then select **DONATE TO WALKER** and follow the prompts.
10. All donations made will go directly to the SVDP National Office and a check will be forwarded to your conference following the WALK.
11. Registration for the 5K Run/Walk is performed separately at <https://runsignup.com/friendsofthepoor>. There is a \$35 registration fee for each runner. This fee will go directly to the Diocesan Council.

## (2) Written Registration and Donations

Use this form if you wish to do in-person registration on the day of the Walk. Present to the table official at the WALK.

Name of WALKER: \_\_\_\_\_

Street address: \_\_\_\_\_

City / State / Zip \_\_\_\_\_

Email address (optional): \_\_\_\_\_

Name Conference / Parish or High School to receive credit: \_\_\_\_\_

All money should be collected when the pledge is made and either turned into your Council President or at the table on the day of the WALK. Checks payable to: **Society of St. Vincent de Paul**.

Sponsor's Name	ADDRESS / PHONE	AMOUNT DONATED

Additional names can be added on a separate sheet with your name and conference (parish) on top.