



2019 MOUNT CARMEL CHURCH PARTNERSHIPS COURSE OFFERINGS

Enrollment required for all courses; contact kwhitman@mchs.com.

Empowering Faith Communities: Addressing the Opioid Epidemic

- Learn how places of worship can address the opioid issue within their communities
- Be given tools and resources to educate your congregation about the opioid epidemic and steps that can be taken around prevention
- Offered Sunday, January 13, 2019, 2-4 p.m. at the Mount Carmel East Siegel Center
- Cost: **FREE**

Bridges out of Poverty Constructs Training

- Learn about biases toward poverty and more effectively work with those who live in poverty
- Offered by The Society of St. Vincent de Paul on Saturday February 2, 2019 from 9 a.m.-5 p.m. at the Mount Carmel Siegel Center
- Light breakfast and lunch provided
- Cost: \$10; pay at the door

Faith Community Updates & Conversations

- Relevant educational opportunities presented by community health and wellness experts
- Offered Mondays February 25 and September 9, 2019 from 5:30-7:30 p.m. at the Mount Carmel East Siegel Center
 - Project Dawn Narcan training and free Narcan kit - February 25, 2019
 - Mental Health topic to be announced - September 9, 2019
- Light dinner provided
- Cost: **FREE**



MOUNT CARMEL

Taking It to the Next Level: Programming Ideas for Your Health Ministry

- Learn how to overcome common pitfalls of health ministry
- Brainstorm to create new interventions to implement within your faith community
- Offered Tuesdays March 26 and October 15, 2019 from 5:30-7:30 p.m. at the Mount Carmel East Siegel Center
 - Building your health ministry - March 26, 2019
 - Health ministry secession planning - October 15, 2019
- Light dinner provided
- Cost: **FREE**

Mental Health First Aid for Adults and Teens

- Learn to assess for risk of suicide or harm and how to encourage appropriate professional help of those suffering from mental illness
- Offered by Mental Health America and ADAMH on Saturday April 13 and Wednesday August 28, 2019 from 8:30 a.m. - 5:30 p.m. at the Mount Carmel East Siegel Center
 - Mental Health First Aid for Adults - April 13, 2019
 - Mental Health First Aid for Teens - August 28, 2019
- Light breakfast and lunch provided
- Cost: **FREE**

Foundations of Faith Community Nursing

- Learn to link spirituality with your nursing practice
- Deliver whole-person (body, mind, and spirit) care to congregants through this nursing specialty recognized by the American Nurses Association
- Hybrid course (combines online and in-person classes)
- Starts Monday September 9, 2019 and ends November 1, 2019
- 34 contact hours
- Cost: Partners = \$250, non-partners = \$295

Health Ministry Basics

- Learn step-by-step how to start or jump-start a health ministry team
- Gain practical programming ideas for the health ministry team
- Meet face-to-face with representatives from numerous local non-profits that work with faith communities to advance health
- Offered Saturday October 5, 2019 from 8:30-3 p.m. at the Mount Carmel East Siegel Center
- Light breakfast and lunch provided
- 4.5 contact hours
- Cost: \$20

Church Partnerships Annual Retreat

- Join fellow health ministers for an annual spiritual retreat
- Monday November 4, 2019 from 5:30-8:30 p.m. at Mount Carmel East Cafeteria Columbus Room
- Light dinner provided
- Cost: **FREE**