

Charting a course to reach your goals



ON
DEMAND
SEPT. 18
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Setting goals gives you focus, a way to measure your success, and motivation to avoid getting distracted. Simple strategies like writing goals down, sharing them with others, and giving yourself a time limit will help keep you on course. Workplace Solutions can help you find ways to achieve your goals.

ONLINE SEMINAR

Creating a Personal Development Plan

Participate in this session to understand effective goal setting and identify potential obstacles that can create barriers to reaching your goals.

Available On Demand starting Sep. 18th:

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Available anytime, any day, Workplace Solutions is a free, confidential program to help you balance your work, family, and personal life.

