

**It's not the strongest
of the species that
survive, nor the most
intelligent, but the
one most responsive
to change.**

-Charles Darwin



Create balance at home, at work and in yourself with access to online resources and referrals designed to help you find your center.

1.877.215.6614 | wseap.com

WORK-LIFE BALANCE | CONFIDENTIAL COUNSELING | PERSONAL GROWTH | STRESS MANAGEMENT

**WE
GOT
THIS.**