



Understanding ADHD

Attention Deficit Hyperactivity Disorder

IN ADULTS & CHILDREN

**Come join us for this free workshop
where we will discuss the following topics:**

- ~ The definition, characteristics and behaviors of ADHD
- ~ The relationship between ADHD, learning disabilities and mental health concerns
- ~ How to address ADHD challenges effectively
 - ~ Local resources
 - ~ Where professional help is available

Workshop provided by Carla Fry, M.S., P.P.S.C.

This discussion is intended for informational purposes only and is not meant as medical advice or to replace consultation with a physician or mental health professional.

Please call for more information.
Please RSVP if you will need child care.
(209) 257-1980 x 104

*Para información en Español, por favor llame
al (209) 257-1980 x 104.*

Workshop Locations & Dates

**Upcountry
Community Center**
19386 Hwy 88
Pine Grove, CA
April 25, 2018
1:00pm - 3:00pm

**Ione Family Resource
Center**
17 S. Buena Vista St.
Ione, CA
April 25, 2018
4:30pm - 6:30pm

**Camanche Lake
Community Center**
4240 Camanche Pkwy N
Ione, CA
April 26, 2018
12:00pm - 2:00pm