

# Understanding

# ADHD



Attention Deficit Hyperactivity Disorder

## IN ADULTS & CHILDREN

***Come join us for this free workshop  
where we will discuss the following topics:***

*~ The definition, characteristics and behaviors of ADHD*

*~ The relationship between ADHD, learning  
disabilities and mental health concerns*

*~ How to address ADHD challenges effectively*

*~ Local resources*

*~ Where professional help is available*

**Workshop provided by Carla Fry, M.S., P.P.S.C.**

*This discussion is intended for informational purposes only and is  
not meant as medical advice or to replace consultation with  
a physician or mental health professional.*

Please call for more information.  
Please RSVP if you will need child care.  
(209) 257-1980 x 104

*Para información en Español, por favor llame  
al (209) 257-1980 x 104.*

### **Workshop Locations & Dates**

#### **Upcountry Community Center**

19386 Hwy 88  
Pine Grove, CA  
April 25, 2018  
1:00pm - 3:00pm

#### **Ione Family Resource Center**

17 S. Buena Vista St.  
Ione, CA  
April 25, 2018  
4:30pm - 6:30pm

#### **Camanche Lake Community Center**

4240 Camanche Pkwy N  
Ione, CA  
April 26, 2018  
12:00pm - 2:00pm

*project funded by the Mental Health Services Act*

No person shall be discriminated against in participating in any Nexus service or program due to age, sex, color, religion, gender, marital status, ancestry, medical condition, physical or mental disability, citizenship, or any other consideration made unlawful by state, federal, or local laws.