

# Fresh Fruit Infused Water

Fresh fruit infused waters are easy to make. Slice up some fruit, veggies, or herbs & place them in a pitcher, add cold water, and chill for a few hours. Pour over ice, garnish with a piece of fruit and enjoy.

Some fruits you might want to try alone or in combination with other fruits:

orange      pineapple  
 mango      lime  
 watermelon      cantaloupe  
 raspberries      blueberries

lemon  
 cucumber  
 strawberries  
 blackberries



|  |   |
|--|---|
| <p><b>Citrus Cucumber Water</b></p> <ul style="list-style-type: none"> <li>• One large lemon, sliced</li> <li>• One large lime, sliced</li> <li>• One large orange, sliced</li> <li>• One large cucumber, sliced</li> <li>• One half gallon of water</li> </ul>  | <p><b>Orange Mint Water</b></p> <ul style="list-style-type: none"> <li>• Three large oranges, sliced</li> <li>• Ten mint leaves</li> <li>• One half gallon of water</li> </ul>                              |
| <p><b>Cucumber Melon</b></p> <ul style="list-style-type: none"> <li>• One large cucumber, sliced</li> <li>• 1/4 honeydew melon, cubed</li> <li>• 1/4 cantaloupe, cubed</li> <li>• One half gallon of water</li> </ul>   | <p><b>Watermelon Basil</b></p> <ul style="list-style-type: none"> <li>• 2 cups of seedless watermelon, cubed</li> <li>• 10-12 basil leaves</li> <li>• One half gallon of water</li> </ul>                  |
| <p><b>Citrus Coriander</b></p> <ul style="list-style-type: none"> <li>• One large lemon, sliced</li> <li>• One large lime, sliced</li> <li>• One large orange, sliced</li> <li>• 1/4 cup cilantro leaves</li> <li>• One half gallon of water</li> </ul>         | <p><b>Lemon Lavender</b></p> <ul style="list-style-type: none"> <li>• Three large lemons, thickly sliced</li> <li>• 1/4 cup fresh lavender</li> <li>• One half gallon of water</li> </ul>                  |
| <p><b>Raspberry Mint</b></p> <ul style="list-style-type: none"> <li>• One handful of quartered raspberries</li> <li>• 10-12 fresh basil leaves</li> <li>• One half gallon of water</li> </ul>   | <p><b>Herb Lime</b></p> <ul style="list-style-type: none"> <li>• One lime, sliced</li> <li>• 4-6 fresh peppermint leaves</li> <li>• Two fresh basil leaves</li> <li>• One half gallon of water</li> </ul>  |