

STRENGTHENING FAMILIES CLASSES



**All families have strengths –
these classes will help your family become even STRONGER!**

Kids and Teens 7 – 17 AND their parents or caregivers

These classes improve family communication, help families bond, and help parents set boundaries leading to stronger, more connected families!

What can kids gain?

Develop better communication and social skills, solve problems, understand their feelings, comply with family rules, and resist peer pressure, do better in school.

What can parents and families gain?

Improve family communication, provide effective discipline, improve children's behavior, set constructive limits, and have fun as a family!

- Family classes for parents AND kids
- Dinner for the whole family
- Onsite Playcare for younger kids

Click here to sign up: <http://bit.ly/SFPAmador>

For more information please email Angela Da Re @ angeladare@deltaprevention.org

**TUESDAY
EVENINGS**
STARTING
SEPTEMBER 24TH
AT
FIRST 5 AMADOR
975 BROADWAY, JACKSON
5:30 - 7:45PM

